

The Impossible Dream

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Karen Hadley (UK)
音樂: The Impossible - Joe Nichols



STEP, MAMBO FORWARD ROCK & BACK, WALK BACK TWICE, COASTER STEP, STEP

- 1 Step forward on left
- 2&3 Rock forward on right, rock back on left, step back on right
- 4-5 Step back on left, step back on right
- 6&7 Step back on left, step right beside left, step forward on left
- 8 Step forward on right

STEP LOCK STEP, FORWARD ROCK, 1½ SHUFFLE TURN RIGHT, ¼ TURN SIDE ROCK

- 1&2 Step forward on left, lock step right behind left, step forward on left
- 3-4 Rock forward on right, rock back on left
- 5&6 Shuffle 1 ½ turn right, stepping: right, left, right, (6:00)

Easy alternative: shuffle ½ turn right, stepping: right, left, right

- 7-8 Turning ¼ turn right rock left to left side, rock back on right in place, (9:00)

SAILOR CROSS, SIDE ROCK, SAILOR STEP, FORWARD ROCK

- 1&2 Cross step left behind right, step right to right side, cross step left over right
- 3-4 Rock right to right side, rock on left in place, (swaying hips)
- 5&6 Cross step right behind left, step left to left side, step forward on right
- 7-8 Rock forward on left, rock back on right, (9:00)

FULL TRIPLE TURN, STEP, FORWARD ROCK, TRIPLE STEPS BACK, COASTER STEP

- 1&2 Turning ½ turn left step forward on left, step forward on right, pivot ½ turn left (9:00)
- 3 Step forward on right
- 4-5 Rock forward on left, rock back on right
- 6&7 Small step back on left, small step back on right, small step back on left
- 8&1 Step back on right, step left beside right, step forward on right

STEP, PIVOT ¾ TURN RIGHT, SIDE, BACK ROCK &, SIDE, BACK ROCK &, ¼ RIGHT, BACK ROCK &

- 2-3 Step forward on left, pivot ¾ turn right, (6:00)
- 4-5& Large step left to left side, rock right behind left, rock onto left in place
- 6-7& Large step right to right side, rock left behind right, rock onto right in place
- 8-1& Turning ¼ turn right large step left to left side, rock right behind left, rock onto left in place, (9:00)

SIDE, SAILOR CROSS, MAMBO SIDE ROCK & CROSS, ¼ TURN RIGHT, ½ TURN RIGHT

- 2 Large step right to right side
- 3&4 Cross step left behind right, step right to right side, cross step left over right
- 5&6 Rock right to right side, rock on left in place, cross step right over left
- 7-8 Turning ¼ turn right step back on left, turning ½ turn right step forward on right, (6:00)

REPEAT