

# Immortal

拍數: 64      牆數: 2      級數:  
編舞者: Sarah Nicholson  
音樂: My Immortal - Evanescence



- 1            Rock right foot forward  
2-3        Recover weight onto left sweep right foot behind left  
&4        Step right foot down, step left foot to left side  
5            Step right front across left  
6-7        Step back on left foot making  $\frac{1}{4}$  turn right, bring right foot together  
8            Step back on left
- 1            Step right across left, hold  
2&3        Step left out the left side, step right next to left, step left across right  
&4        Step right out to right side, step left out to left side  
5-6        Step right foot across left foot, step left to left side  
7-8        Step right behind left,  $\frac{1}{4}$  bringing left next to right (sweep left foot)
- 1-2        Step forward on right foot, pivot  $\frac{1}{2}$  turn to left leaving weight on right foot, hold  
3&4        Sweep left behind right, step left behind right, step right foot forward  
5-6        Hitch left knee  $\frac{1}{4}$  turn in front of right, step left foot across in front of right  
&7        Step right foot to right side, step left foot across right  
&8        Step right foot to right side, step left foot across right
- 1            Unwind  $\frac{1}{2}$  turn right, hold  
2&3        Step back right behind left(close next to left), step slightly forward left, step slightly on right  
4-5        Step  $\frac{1}{4}$  turn right, step  $\frac{1}{2}$  turn back on left  
6            Step forward  $\frac{1}{2}$  turn on right  
7&8        Hitch right knee  $\frac{1}{4}$  turn, step right, left slightly behind right, step forward on right
- 1-2        Step back on right foot, step left together  
3            Step right across  
4-5        Step left foot to left side, swaying hips to the left and then to the right  
&6-7        Point right toe to right side, bring foot next to left making  $\frac{1}{2}$  turn (alternative make a full Monterey)  
8            Point left toe to left side
- 1-2        Step forward left kick right foot forward  
3&4        Step back on right foot, step forward on left making  $\frac{1}{2}$  turn, step right foot together  
5-6        Step forward on left foot, place weight back onto right foot, step left foot back together  
7-8        Sweep right foot behind left
- 1&2        Turn  $\frac{1}{2}$  turn over right shoulder pushing right hip forward, back, forward  
3&4        Turn  $\frac{1}{2}$  turn over left shoulder pushing hip back, forward, back  
5            Step forward on right, across left  
6            Step forward on left, across right  
7-8        Press forward on right, step back one left
- 1&2        Step right to the right making a  $\frac{1}{2}$  turn, step back on left  $\frac{1}{2}$  turn,  $\frac{1}{2}$  step right foot forward  
3-4        Step forward left, low kick right  
5&6        Step back right foot, step left foot together, step forward right

7&8

Step left forward making  $\frac{1}{2}$  turn, step right foot next to left, step left foot forward  $\frac{1}{2}$  turn  
(paddle turn left)

**REPEAT**

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