

Illusions

拍數: 54 牆數: 0 級數:
編舞者: Justine Shuttleworth (AUS)
音樂: Two Pina Coladas - Garth Brooks



- 1-2& Cross/step left over & in front of right, hold, step ball of right to right
3-4 Cross/step left over & in front of right, drag right toe in a circle motion from the back to the front of left foot (optional click both fingers)
5-6& Cross/step right over & in front of left, hold, step ball of left to left
7-8 Cross/step right over & in front of left, drag left toe in a circle motion from the back to the front of right foot (optional click both fingers)
- 1-4 Step forward left, drag right toe behind left around in a circle motion to the front of left foot, continue dragging right toe around & turn $\frac{1}{4}$ turn left touching right toe in front of left, circle right toe towards the back of the right foot
5-8 Continue circling & end with right toe at the back of left, hold, rock weight back on right, rock weight forward onto left
- 1-4 Step forward right, step left beside right, step forward right, pivot on ball of right $\frac{1}{2}$ turn left & hook left heel up to right knee
5-8 Step forward left, step right beside left, step forward left, pivot on ball of left full turn right & hook right heel up to left knee
1-4 Step forward right, step left beside right, step forward right, pivot on ball of right $\frac{1}{2}$ turn left & hook left heel up to right knee
5-8 Step forward left, step right beside left, step forward left, pivot on ball of left $\frac{3}{4}$ turn right & hook right heel up to left knee
- 1-2&3-4& Step right to right, hold, step left next to right, rock right to right, rock left in place, pivot $\frac{1}{2}$ turn right on ball of left foot
5-6&7-8& Step right to right, hold, step left next to right, rock right to right, rock left in place, pivot $\frac{1}{2}$ turn right on ball of left foot
- 1-4 Step right to right, hold, rock back on left, rock forward on right
5-8 Step left to left swinging hips left, hold, swing hips right, swing hips left
- 1-4 Swing hips right turning $\frac{1}{4}$ turn left hold, rock back left, forward right
5&6 Step forward left, pivot $\frac{1}{2}$ turn right, hook right heel up to left knee
7&8 Step forward right, pivot $\frac{1}{2}$ turn left, hook left heel up to right knee
- 1-2& Step left forward at 45 degrees left, lock right foot behind, step forward left 45 degrees left pivoting $\frac{1}{4}$ turn right
3-4&5-6 Step right forward at 45 degrees right, lock left behind right, step forward right 45 degrees right, step left to left, hold

REPEAT

TAG

After wall 1

1-2-3-4 Pop right knee forward, hold, pop left knee forward, hold

TAG

After wall 2

1-2 Pop right knee forward, pop left knee forward. Wall finishes after first 20 beats

TAG

At the end of wall 3, restart the dance by turning $\frac{1}{4}$ turn left to front wall

TAG

After wall 4

1-2-3-4 Pop right knee, hold, pop left knee, hold

TAG

After wall 5

1-8 Pop right knee, hold, pop left knee, hold, pop right knee, hold, pop left knee, hold

TAG

After wall 6

1-2-3-4 Pop right knee, hold, pop left knee, hold
