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51-52 53-54



拍數: 64 牆數: 4 級數: Intermediate/Advanced 編舞者: Mary Kelly (UK) 音樂: One Night At a Time - George Strait QUARTER TURN SHUFFLE, ROCK, STEP, HALF TURN, SHUFFLE FORWARD., ROCK, STEP, STEP Step quarter turn right on right, close left beside right, step forward right Rock forward left, step in place right, step back left making half turn left Shuffle forward (right, left, right) Rock forward left, step in place right, step back on left QUARTER TURN, QUARTER TURN, STEP, CROSS SH, ROCK, STEP, THREE-QUARTER TURNING TRIPLE Step back right making quarter turn right Step forward left making quarter turn right Step right on right 11&12 Left cross shuffle to right. (left. Right, left) 13-14 Rock forward on right, step in place on left 15&16 Make a three-quarter turn to right on a right, left, right SIDE POINT, STEP BACK, POINT FORWARD., CLOSE, STEP FORWARD., BRUSH, BRUSH, TOUCH 17-18 Point left to left, step back on left 19-20 Point right toes straight forward. (bending left knee slightly), close right beside left 21-22 Step long step forward on left, brush right forward beside left 23-24 Brush right back beside left, tap right toes behind left heel SIDE POINT, STEP BACK, POINT FORWARD., CLOSE, STEP BACK, BRUSH, THREE TOE TAPS 25-26 Point right to right, step back on right 27-28 Point left toes straight forward. (bending right knee slightly), close left beside right 29-30 Step back on right, brush left backwards beside right Tap left toes behind right heel three times 31&32 QUARTER TURN SHUFFLE, ROCK, STEP, HALF TURN, SHUFFLE FORWARD., ROCK, STEP, STEP 33&34 Step quarter turn left on left, close right beside left, step forward on left 35&36 Rock forward on right, step in place on left, step back on right making half turn to right 37&38 Left shuffle forward (left, right, left) 39&40 Rock forward on right, step in place on left, step back on right QUARTER TURN, QUARTER TURN, STEP, CROSS SHUFFLE, ROCK, STEP, THREE-QUARTER **TURNING TRIPLE** Step back left making quarter turn left Step forward right making quarter turn left Step left on left 43&44 Right cross shuffle to left (right, left, right) 45-46 Rock forward on left, step in place on right 47&48 Make a three-quarter turn to left on a left, right, left SIDE POINT, STEP BACK, POINT FORWARD., CLOSE, STEP FORWARD., BRUSH, BRUSH, TOUCH 49-50 Point right to right, step back on right

Point left toes straight forward. (bending right knee slightly), close left beside right

Step long step forward on right, brush left forward beside right

55-56 Brush left back beside right, tap left toes behind right heel

SIDE POINT, STEP BACK, POINT FORWARD., CLOSE, STEP BACK, BRUSH, TAP, QUARTER PIVOT,

TAP

57-58 Point left to left, step back on left

59-60 Point right toes straight forward. (bending left knee slightly), close right beside left

61-62 Step back on left, brush right backwards beside left

Tap left toes behind right heel

& Pivot quarter turn right on ball of left foot

Tap left toes behind right heel

REPEAT