

# The J & T

拍數: 32      牆數: 0      級數:  
編舞者: Joan Schulz & Ted Schulz  
音樂: I Feel Lucky - Mary Chapin Carpenter



Position: Side by side holding hands

## LADIES

### THREE SHUFFLES, STEP, PIVOT ½

- 1&2      Left shuffle
- 3&4      Right shuffle
- 5&6      Left shuffle
- 7      Step forward right
- 8      Turn left ½

(Now facing RLOD holding ladies right hand in man's left.)

## KICK, STOMP, HIP BUMPS

- 9      Kick right foot forward
- 10      Stomp right foot
- 11&12      Bump right hip twice
- 13&14      Bump left hip twice

(Let go of hands at this point.)

## STEP, ¼ TURN/CLAP, STEP, ¼ TURN/CLAP, STEP, ¼ TURN/CLAP

- 15      Step forward right
- 16      Pivot ¼ turn left and clap
- 17      Step forward right
- 18      Pivot ¼ turn left and clap
- 19      Step forward right
- 20      Pivot ¼ turn left and clap

(Partners are now facing each other.)

## GRAPEVINE WITH ¼ TURN, SCUFF

- 21      Step right foot to right
- 22      Cross left foot behind right
- 23      Step right foot to right pivot ¼ turn right
- 24      Scuff left foot

(Partners are now facing LOD, holding hands.)

## JAZZ BOX

- 25      Cross left foot over right
- 26      Step back on right foot
- 27      Step left foot to left
- 28      Slide right foot to place

## STEP, PIVOT ½, STEP, PIVOT ½

- 29      Step left foot forward

(Let go of hands.)

- 30      Pivot ½ turn right
- 31      Step left foot forward
- 32      Pivot ½ turn right

(Rejoin hands, facing LOD.)

## REPEAT

### MEN

#### THREE SHUFFLES, STEP, PIVOT $\frac{1}{2}$

- 1&2 Right shuffle
- 3&4 Left shuffle
- 5&6 Right shuffle
- 7 Step forward left
- 8 Turn right  $\frac{1}{2}$

(Now facing RLOD holding ladies right hand in man's left.)

#### KICK, STOMP, HIP BUMPS

- 9 Kick left foot forward
- 10 Stomp left foot
- 11&12 Bump left hip twice
- 13&14 Bump right hip twice

(Let go of hands at this point.)

#### STEP, $\frac{1}{4}$ TURN/CLAP, STEP, $\frac{1}{4}$ TURN/CLAP, STEP, $\frac{1}{4}$ TURN/CLAP

- 15 Step forward left
- 16 Pivot  $\frac{1}{4}$  turn right and clap
- 17 Step forward left
- 18 Pivot  $\frac{1}{4}$  turn right and clap
- 19 Step forward left
- 20 Pivot  $\frac{1}{4}$  turn right and clap

(Partners are now facing each other.)

#### GRAPEVINE WITH $\frac{1}{4}$ TURN, SCUFF

- 21 Step left foot to left
- 22 Cross right foot behind left
- 23 Step left foot to left. Pivot  $\frac{1}{4}$  turn left
- 24 Scuff right foot

(Partners are now facing LOD, holding hands.)

#### JAZZ BOX

- 25 Cross right foot over left
- 26 Step back on left foot
- 27 Step right foot to right
- 28 Slide left foot to place

#### STEP, PIVOT $\frac{1}{2}$ , STEP, PIVOT $\frac{1}{2}$

- 29 Step right foot forward

(Let go of hands.)

- 30 Pivot  $\frac{1}{2}$  turn left
- 31 Step right foot forward
- 32 Pivot  $\frac{1}{2}$  turn left

(Rejoin hands, facing LOD.)

## REPEAT

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