

The J & T

拍數: 32 牆數: 0 級數:
編舞者: Joan Schulz & Ted Schulz
音樂: I Feel Lucky - Mary Chapin Carpenter



Position: Side by side holding hands

LADIES

THREE SHUFFLES, STEP, PIVOT ½

- 1&2 Left shuffle
- 3&4 Right shuffle
- 5&6 Left shuffle
- 7 Step forward right
- 8 Turn left ½

(Now facing RLOD holding ladies right hand in man's left.)

KICK, STOMP, HIP BUMPS

- 9 Kick right foot forward
- 10 Stomp right foot
- 11&12 Bump right hip twice
- 13&14 Bump left hip twice

(Let go of hands at this point.)

STEP, ¼ TURN/CLAP, STEP, ¼ TURN/CLAP, STEP, ¼ TURN/CLAP

- 15 Step forward right
- 16 Pivot ¼ turn left and clap
- 17 Step forward right
- 18 Pivot ¼ turn left and clap
- 19 Step forward right
- 20 Pivot ¼ turn left and clap

(Partners are now facing each other.)

GRAPEVINE WITH ¼ TURN, SCUFF

- 21 Step right foot to right
- 22 Cross left foot behind right
- 23 Step right foot to right pivot ¼ turn right
- 24 Scuff left foot

(Partners are now facing LOD, holding hands.)

JAZZ BOX

- 25 Cross left foot over right
- 26 Step back on right foot
- 27 Step left foot to left
- 28 Slide right foot to place

STEP, PIVOT ½, STEP, PIVOT ½

- 29 Step left foot forward

(Let go of hands.)

- 30 Pivot ½ turn right
- 31 Step left foot forward
- 32 Pivot ½ turn right

(Rejoin hands, facing LOD.)

REPEAT

MEN

THREE SHUFFLES, STEP, PIVOT $\frac{1}{2}$

- 1&2 Right shuffle
- 3&4 Left shuffle
- 5&6 Right shuffle
- 7 Step forward left
- 8 Turn right $\frac{1}{2}$

(Now facing RLOD holding ladies right hand in man's left.)

KICK, STOMP, HIP BUMPS

- 9 Kick left foot forward
- 10 Stomp left foot
- 11&12 Bump left hip twice
- 13&14 Bump right hip twice

(Let go of hands at this point.)

STEP, $\frac{1}{4}$ TURN/CLAP, STEP, $\frac{1}{4}$ TURN/CLAP, STEP, $\frac{1}{4}$ TURN/CLAP

- 15 Step forward left
- 16 Pivot $\frac{1}{4}$ turn right and clap
- 17 Step forward left
- 18 Pivot $\frac{1}{4}$ turn right and clap
- 19 Step forward left
- 20 Pivot $\frac{1}{4}$ turn right and clap

(Partners are now facing each other.)

GRAPEVINE WITH $\frac{1}{4}$ TURN, SCUFF

- 21 Step left foot to left
- 22 Cross right foot behind left
- 23 Step left foot to left. Pivot $\frac{1}{4}$ turn left
- 24 Scuff right foot

(Partners are now facing LOD, holding hands.)

JAZZ BOX

- 25 Cross right foot over left
- 26 Step back on left foot
- 27 Step right foot to right
- 28 Slide left foot to place

STEP, PIVOT $\frac{1}{2}$, STEP, PIVOT $\frac{1}{2}$

- 29 Step right foot forward

(Let go of hands.)

- 30 Pivot $\frac{1}{2}$ turn left
- 31 Step right foot forward
- 32 Pivot $\frac{1}{2}$ turn left

(Rejoin hands, facing LOD.)

REPEAT
