

拍數: 64 牆數: 0 級數:
編舞者: Mario Espanosa (USA)
音樂: Unknown



SIDE SHUFFLE - ROCK, STEP

1&2 Traveling side right, shuffle right, left, right
3-4 Left rock step behind right - step right in place
5&6 Traveling side left, shuffle left, right, left
7-8 Right rock step behind left - step left in place

FORWARD SHUFFLE - ROCK, STEP WITH ½ TURN

9&10 Traveling forward, shuffle right, left, right (start ½ turn to left)
11-12 Left rock step back - step right in place (completing ½ turn to left)
13&14 Traveling forward, shuffle left, right, left (start ½ turn to the right)
15-16 Right rock step back - step left in place (completing ½ turn to the right)

FORWARD SHIMMY (HIP WIGGLES)

17-18 Right step straight forward - hold, wiggle hips
19-20 Touch left beside right - hold
21-22 Left step straight forward - hold, wiggling hips
23-24 Touch right beside left - hold

BACKWARD TOE - HEEL STRUT

25-26 Step back on the balls of right - slap right heel down
27-28 Step back on the balls of left - slap left heel down
29-30 Step back on the balls of right - slap right heel down
31-32 Step back on the balls of left - slap left heel down

SIDE STEP - SIDE SHUFFLE

33-34 Step right to right side - step right behind left
35&36 Traveling side right, shuffle right, left, right

LEFT VINE WITH ¼ TURN LEFT

37-38 Step left to side - step right behind left
39-40 Step left make ¼ turn left - scuff right beside left

SHIMMY TO THE RIGHT

41-42 Step right to the right side - hold, wiggling hips
43-44 Step left beside right - hold

HEEL - TOE SWIVELS

45-46 Traveling left, swivel both heels - swivel both toes
47-48 Traveling left, swivel both heels - toes to center

KICKBALL CHANGE

49&50 Kick right forward - stepping on ball of right beside left - step left in place
51&52 Kick right forward - stepping on ball of right beside left - step left in place
53&54 Right heel touch front - step right beside left - left heel touch front
55-56 Step left beside right - step right slightly diagonal forward right slide left beside right and clap

HIP BUMPS - KNEE PUMPS

57-58 Bump hips to left twice
59-60 Bump hips to right twice
61-62 Bump hips to left twice
63-64 Pump knee up and down twice

REPEAT

OPTION

Add the following hand motions on counts 57-64:

57-58 Take left hand to the front of chest and move from center to left side
59-60 Take right hand to the front of chest and move from center to the right side
61-62 Take left hand to the front of chest and move from center to left side
63-64 Take both hands together to the left side just above the left shoulder and pump knees down and up twice and shout "WOO WOO"
