

Jana

拍數: 32 牆數: 4 級數: Beginner
編舞者: Francina (ES), Eduard, Rosa (ES), Manel (ES) & Ramon (ES)
音樂: She Always Talked About Mexico - David Ball



This dance is dedicated to a very especial person named Jana. December 21, 2002

JAZZ BOX, TOE AND HEEL SWIVELS

1-2 Step right cross over left, step left back
3-4 Side step right, step left beside right
5-6 Open both toes, swivel right heel and left toe to right
7-8 Swivel right toe and left heel right, swivel right heel right

SLOW SAILOR STEP WITH ¼ TURN LEFT, STEP, LOCK, STEP, HOLD

9-10 Step left behind right, turning ¼ left stepping right back
11-12 Step left forward, hold
13-14 Step right forward, step left behind right (lock position)
15-16 Step right forward, hold

STEP, LOCK, STEP, TOE TOUCH, STEP, LOCK, STEP, TOE TOUCH

17-18 Step left forward, step right behind left (lock position)
19-20 Step left forward, touch right toe behind left
21-22 Step right back, step left cross over right (lock position)
23-24 Step right back, touch left toe cross over right

HEEL STRUTS, TOE TOUCH, PIVOT ½ TURN LEFT, TOE TOUCH, SCUFF

25-26 Step left heel forward, drop left toe down
27-28 Step right heel forward, drop right toe down
29-30 Touch left toe to left side, pivot ½ turn left stepping left beside right
31-32 Touch right toe back, scuff right beside left

REPEAT
