

Jamaican Run

拍數: 32 牆數: 4 級數: Beginner
編舞者: Debi Bodven (USA)
音樂: Dance the Night Away - The Mavericks



ROCK, RECOVER, COASTER STEP (2 X'S)

1-2 Rock forward right, recover weight on left
3&4 Step back right, step left together, step forward right
5-6 Rock forward left, recover weight on right
7&8 Step back left, step right together, step forward right

RIGHT & LEFT VINES WITH ¼ TURNING TRIPLES

9-10 Step side right, cross left behind
11&12 Step in place right, left, right while turning ¼ turn to right
13-14 Step side left, cross right behind
15&16 Step in place left, right, left while turning ¼ turn to left

½ TURN, SHUFFLE, FULL TURN, SHUFFLE

17-18 Step forward right, pivot ½ turn left transferring weight onto left
19&20 Shuffle forward right, left, right
21-22 Pivot ½ turn right on ball of right while stepping back on left, pivot ½ turn right on ball of left while stepping forward on right
23&24 Shuffle forward left, right, left

½ TURN, SHUFFLE, ¾ TURN, SHUFFLE

25-26 Step forward right, pivot ½ turn left transferring weight onto left
27&28 Shuffle forward right, left, right
29-30 Pivot ¼ turn right while stepping side on left, pivot ½ turn right while stepping forward on right
31&32 Shuffle forward left, right, left

REPEAT

In some parts of the world, this dance is done without the ½ turn on count 22. Though the choreographer did not write it that way, it appears to be that some have chosen to do it that way. Plus they call it "The Ventilator." Go figure