

Jamaican Dreams

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Jan Wyllie (AUS)
音樂: An American Dream - Nitty Gritty Dirt Band



This dance can be done on a split floor with Jamaican Dreams

STEP FORWARD TAP, SHUFFLE BACK, STEP BACK TAP, SHUFFLE FORWARD

1-2 Big step forward on left, tap right toe behind left heel
3&4 Shuffle back right, left, right
5-6-7&8 Big step back on left, tap right across left, shuffle forward right, left, right

ROCK LEFT RIGHT& STEP LEFT ACROSS RIGHT & CROSS/ROCK STEP BACK, ¼ LEFT SHUFFLE FORWARD

9&10 Rock/step left to left, rock/return weight to right, step left across right
& Step right slightly right
11-12 Cross/rock left over right, rock/return weight to right
13-14 Making ¼ turn left walk forward left, right
15&16 Shuffle forward left, right, left

VINE RIGHT-LEFT STEP RIGHT ACROSS LEFT, ROCK LEFT & (RIGHT) STEP LEFT ACROSS RIGHT, VINE RIGHT-LEFT, STEP RIGHT ACROSS LEFT

17-18-19 Step right to right, step left behind right, step right across left
20&21 Step left to left, rock/return weight to right, step left across right
22-23-24 Step right to right, rock/step left behind right, step right across left

¼ LEFT SHUFFLE FORWARD, SHUFFLE FORWARD, WALK FORWARD LEFT-RIGHT, SWAY LEFT-RIGHT

25&26 Making ¼ turn left shuffle forward left, right, left
27&28 Shuffle forward right, left, right
29-30 Walk forward left, right
31-32 Step left to left swaying hips left, rock/return weight to right

REPEAT

TAG

After wall 6

1-2-3-4 Rock/step forward on left, rock back on right, walk back left, right
5-6-7-8 Rock/step back on left, rock forward on right, walk forward left, right