

# Jam Up & Jelly Tight

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Helen O'Malley (IRE) & Rob Fowler (ES)  
音樂: Jam Up and Jelly Tight - Scooter Lee



## ROCKS & LOCK & ROCKS & COASTER

1&      Rock forward on right, rock back on left  
2&      Rock back on right, rock forward on left  
3&      Lock right behind left, transfer weight to left  
4&      Rock back on right, rock forward on left  
5&6      Rock forward on right, rock back on left, step back on right  
7&8      Step back on left, step together with right, step forward on left

## TOE TOUCHES, ¼ TURN, CROSS STEP TWICE CLAP

1&      Touch right toe forward, step right in place  
2&      Touch left toe forward, step left in place  
3-4      Step right forward, pivot ¼ turn left  
5&6      Cross step right over left, clap twice  
&7-8      Step small step left, cross right over left, clap hands

## SIDE ROCKS & CROSS OVERS

1-2      Rock left to left side, rock right to right side  
3&4      Cross left in front of right, step right diagonally forward, cross left in front of right  
5-8      Repeat 1-4 on opposite foot

## STEP ½ TURN SHUFFLE & FULL TURN PADDLE STEPS (CHUGS)

1-2      Step forward left, pivot ½ turn right  
3&      Step forward left, step right next to left  
4-5      Step left forward, pivot ¼ turn on ball of left as you touch right to right side  
6-7-8      Repeat step 5 to complete full turn

## REPEAT

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