

Jake

拍數: 36 牆數: 4 級數: Improver
編舞者: Cy Persons
音樂: The Rock - Lee Roy Parnell



OUT BESIDE OUT

- 1 Step right foot to right
- 2 Step left foot beside right
- 3 Step right foot to right
- 4 Step left foot beside right

HEELS, TOES, HEELS, TOES

- 5 Twist both heels left
- 6 Twist both toes left
- 7 Twist both heels left
- 8 Twist both toes left

MONTEREY TURNS

- 9 Touch right toe to right side
- 10 Turn ½ (back) stepping on right, foot
- 11 Touch left toe to the left side,
- 12 Step left beside right
- 13-16 Repeat with only ¼ turn

ROCK STEPS

- 17 Rock forward on right
- 18 Recover on left
- 19 Rock back on right
- 20 Recover on left

STOMP, CLAP

- 21 Stomp right foot in place
- 22 Clap

STEP, DRAG, STEP, SCUFF

- 23 Step forward with left
- 24 Drag right foot and step behind left
- 25 Step forward on left
- 26 Scuff right

PIVOT, STOMP CLAP

- 27 Step forward on right
- 28 Pivot ½ on ball of left foot while stepping on left foot
- 29 Stomp right beside left
- 30 Clap

BUMPS

- 31-32 Step forward on right, bump, bump
- 33-34 Step back on left, bump, bump
- 35-36 Bump forward on right, bump back on left

REPEAT
