

# Jailhouse Rock

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Gaye Teather (UK)  
音樂: Jailhouse Rock - Elvis Presley



## STOMPS, HOLDS, "RUNNING" STEPS FORWARD

- 1-8              Stomp right foot forward, hold, stomp left foot forward, hold, 3 small "running" steps forward right, left, right, hold  
9-16             Stomp left foot forward, hold, stomp right foot forward, hold, 3 small "running" steps forward left, right, left, hold

**Style note: during "running" steps, dip the knees slightly and turn them inwards with each step. Hips will rock side to side**

## TURNING TOE STRUTS MAKING ½ TURN RIGHT

- 17-20            Cross right toe over left foot, lower heel to floor, turn ¼ right stepping left toe back, lower left heel to floor  
21-24            Turn ¼ right stepping right toe forward, lower right heel to floor, step left toe next to right foot, lower left heel to floor

## LEFT HEEL AND TOE SWIVELS, KNEE AND HIP SWINGS

- 25-28            Swivel left heel to left, swivel left toe to left, swivel left heel to left, swivel left toe to left  
29-32            Raise right heel and using right toe as lever swing both knees left, right left, right, pushing hips from side to side "Elvis style" (weight remains on left foot throughout)

## RIGHT GRAPEVINE, FULL ROLLING TURN LEFT

- 33-36            Step right to right, step left behind right, step right to right, touch left next to right  
37-40            Step left ¼ turn left, on ball of left make ½ turn left stepping back right on ball of right make ¼ turn left stepping left to left, touch right next to left

## RIGHT SHUFFLE FORWARD, STEP PIVOT ½ TURN RIGHT, CHASSE LEFT, ROCK BACK

- 41&42           Step forward on right, close left to right, step forward on right  
43-44            Step forward on left, pivot ½ turn right  
45&46            Step left foot to left, close right to left, step left to left  
47-48            Rock back onto right foot, recover weight forward onto left

## RIGHT SHUFFLE FORWARD, STEP PIVOT ½ TURN RIGHT, CHASSE LEFT, ROCK BACK

- 49-56            Repeat steps 41-48

## RIGHT SUGAR FOOT, KICK RIGHT FORWARD TWICE, JAZZ BOX TURNING ¼ RIGHT

- 57-60            Touch right toe to left instep, touch right heel to left instep, kick right foot forward twice  
61-64            Cross right foot over left, step back on left, turn ¼ right stepping right to right. Close left to right

## REPEAT

## TAG

After 3 complete repetitions (end of 3rd wall) repeat steps 33-64 and then go back to the beginning and continue as normal to end of dance. This also applies when using the alternative music suggestion.