

J'ai Du Boogie

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Max Perry (USA)
音樂: J'ai Du Boogie - Scooter Lee



"A Return To Traditional Country Line Dancing!"

2 TOE-HEEL STEPS FORWARD, KICK FORWARD TWICE, STEP BACK, TOUCH BACK

1-4 Step right toe forward, flatten right foot, step left toe forward, flatten left
5-8 Kick right forward twice, step right back, touch left toe back

1 & ½ TURN LEFT, HITCH

1-2 Step left forward, turn ½ left on ball of left foot
3-4 Step right back, turn ½ left on ball of right foot
5-6 Step left forward, turn ½ left on ball of left foot
7-8 Step right back, hitch left knee

Note: If this is too much turning for you, then just walk forward, forward, forward, Step forward & turn ½, hitch

STEP FORWARD, SLIDE TOGETHER, FORWARD, SCUFF, FORWARD, SLIDE, FORWARD, SCUFF

1-4 Step left forward, slide right up to left, step left forward, scuff right heel forward
5-8 Step right forward, slide left up to right, step right forward, scuff left heel forward

TOE-HEEL JAZZ BOX TURNING ¼ LEFT

1-4 Cross step left over right with ball of left foot, flatten left foot, step right back with toe, flatten right foot (you may start to turn ¼ left)
5-8 Turning ¼ left step left to left side with ball, flatten left foot, step right next to left, hold & clap

HEEL - TOE TWISTS TO THE LEFT THEN TO THE RIGHT

1-4 Twist both heels left, twist both toes left, twist both heels left, hold & clap
5-8 Twist both heels right, twist both toes right, twist both heels right, hold & clap

2 HALF MONTEREY TURNS

1-4 Touch right toe to right side, step right next to left as you turn ½ right on ball of left foot then change weight, touch left toe to left side, step left next to right
5-8 Repeat the ½ Monterey turn above

RIGHT SIDE ROCK STEP INTO SLOW SAILOR SHUFFLES

Rock, step, cross, rock, step, cross, rock, step

1-4 Rock right to right side, step left in place, cross right behind left, rock left to left side
5-8 Step right in place, cross left behind right, rock right to right side, step left foot in place

2 SLOW ½ TURNS LEFT

1-4 Step right forward, hold, turn ½ left & step on left foot, hold
5-8 Repeat the ½ turn (1-4 above)

REPEAT