

Jackson Twist

COPPER KNOB
STEPSHEETS

拍數: 42 牆數: 2 級數:
編舞者: Pam Kaiser
音樂: She's Got The Rhythm - Alan Jackson



HEELS, WIGGLE DOWN, WIGGLE UP

- 1-4 Feet together, twist heels to right and return to center, twist heels to right and return to center
5-8 Drop left hip down, then drop right hip down, lift right hip up, lift left hip up
- 9-12 Step forward on the right, left, right, and kick left
13-16 Step back on the left, right, left, and touch the right toe behind left heel (wing)
17-18 Step together, touch left toe behind right heel (wing)

VINES

- 19-22 Vine left: step left with left foot, slide right behind left, step left, scuff with right
23-26 Vine right: step right with right foot, slide left behind right, step right and touch left toe beside right foot

DIGS

- 27-28 Do a left heel dig and in one movement turn $\frac{1}{4}$ to the right and do a left toe touch slightly behind right heel
29-30 Heel dig, turn $\frac{1}{4}$ turn, and toe touch again
- 31-34 Do 2 left heel digs to the front and 2 left toe touches to the back
35-38 Step forward on the left, do a right scuff forward, step forward on the right, do a left scuff forward
39-42 Step back on the left, right, left and return right home beside the left

REPEAT
