The Jackson Stroll (P)



編舞者: Diane Jackson (UK)

音樂: The Heartaches Are Free - Dwight Yoakam



Position: Side By Side (Sweetheart). Man & Lady Start on opposite feet

MAN'S STEPS

HEEL FORWARD, HOLD, TOE BACK, HOLD, STEP SLIDE, STEP BRUSH

1-2 Left heel touch forward, hold3-4 Left toe touch back, hold

5-6 Step forward left, slide right up to left

7-8 Step forward left, brush right

HEEL FORWARD, HOLD, TOE BACK, HOLD, VINE, KICK

9-10 Right heel touch forward, hold 11-12 Right toe touch back, hold

Man vines behind lady, bringing left hand over lady's head to end in VW

13-14 Step right to right side, left cross behind right 15-16 Right step to side, kick left across right

STEP KICKS

17-18 Step forward on left, kick right across left 19-20 Step forward on right, kick left across right

21-24 Repeat 17-20

STEP SIDE, TOGETHER, SIDE, STEP

Man passes behind lady, raising left hand back over lady's head to end in skaters position, right hands on lady's right hip

25-26 Step left to left side, step right next to left 27-28 Step left to left side, step right next to left

Man and lady are now on the same foot pattern

STEP SLIDE, STEP BRUSH, ROCKING CHAIR

Step forward on left, slide right up to left, step forward on left, brush right Rock forward on right, recover on left, rock back on right, recover on left

STEP SLIDE, STEP BRUSH, ROCKING CHAIR

Step forward on right, slide left up to right, step forward right, brush left Rock forward on left, recover on right, rock back on left, recover on right

MAN MARK TIME

45-48 Step in place, left-right-left-right

Bring left hand over lady's head

STEP TOUCHES

49-52 Step forward on left, touch right next to left, step back on right, touch left next to right

53-56 Repeat 49-52

SHUFFLES X 4

57-64 Four shuffles forward, man starting with left

REPEAT

LADY'S STEPS

HEEL FORWARD, HOLD, TOE BACK, HOLD, STEP SLIDE, STEP BRUSH

1-2 Right heel touch forward, hold3-4 Right toe touch back, hold

5-6 Step forward right, slide left up to right

7-8 Step forward right, brush left

HEEL FORWARD, HOLD, TOE BACK, HOLD, VINE, KICK

9-10 Left heel touch forward, hold 11-12 Left toe touch back, hold

Man vines behind lady, bringing left hand over lady's head to end in VW

13-14 Step left to left side, right cross behind left 15-16 Left step to side, kick right across left

STEP KICKS

17-18 Step forward on right, kick left across right 19-20 Step forward on left, kick right across left

21-24 Repeat 17-20

STEP SIDE, TOGETHER, SIDE, STEP

Man passes behind lady, raising left hand back over lady's head to end in skaters position, right hands on lady's right hip

25-26 Step right to right, step left next to right 27-28 Step right to right, touch left next to right

Man and lady are now on the same foot pattern

STEP SLIDE, STEP BRUSH, ROCKING CHAIR

29-32 Step forward on left, slide right up to left, step forward on left, brush right 33-36 Rock forward on right, recover on left, rock back on right, recover on left

STEP SLIDE, STEP BRUSH, ROCKING CHAIR

37-40 Step forward on right, slide left up to right, step forward right, brush left 41-44 Rock forward on left, recover on right, rock back on left, recover on right

LADY'S FULL TURN TO CLOSED WESTERN

Turning to the right stepping, left-right-left, touch right next to left, to end facing man in closed

western

LADY TURNS INTO SIDE BY SIDE

49-52 Step back on right, touch left next to right, step forward on left, touch right next to left

53-56 Repeat 49-52 turns ½ turn left on steps 55 touching on 56

SHUFFLES X 4

57-64 Four shuffles forward, lady starting with right

REPEAT