

# J's Cha-Cha

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Bob Ferrone  
音樂: Boomerang Love - Jimmy Buffett



## BASIC CHA-CHA PATTERN WITH SYNCOPATED CHA-CHA STEPS

- 1            Left foot step forward, weight shifts to left foot-right heel lifts, right toe stays in position but may lift slightly
- 2            Right foot step in place, weight rocks back on the right foot
- 3-4         Left foot step to close to right foot, right foot step in place, left foot step in place
  
- 5            Right foot step backward, weight shifts to the right foot-left heel lifts, left toe stays in position but may lift slightly
- 6            Left foot step in place, weight rocks forward on the left foot
- 7-8         Right foot step to close to left foot, left foot step in place, right foot step in place

## FULL TURN WITH SYNCOPATED CHA-CHA STEPS

- 9            Left foot step forward, weight shifts to both right and left toes-right heel lifts slightly, pivot on toes ½ turn to the right
- 10          Right toe stays in place, weight stays on the right foot and left foot step forward, weight shifts to both right and left toes-right heel lifts slightly, pivot on toes ½ turn to the right
- 11-12       Left foot step to close to right foot, right foot step in place, left foot step in place
  
- 13          Right foot step backward, weight shifts to the right foot-left heel lifts, left toe stays in position but may lift slightly
- 14          Left foot step in place, weight rocks forward on the left foot
- 15-16       Right foot step to close to left foot, left foot step in place, right foot step in place

## SLIDE STEP LEFT WITH SYNCOPATED CHA-CHA STEPS

- 17          Left foot step left
- 18          Right foot slides left to close to the left foot
- 19-20       Left foot step in place, right foot step in place, left foot step in place

## SLIDE STEP RIGHT WITH SYNCOPATED CHA-CHA STEPS

- 21          Right foot step right
- 22          Left foot slides to right to close to the right foot
- 23-24       Right foot step in place, left foot step in place, right foot step in place

## MODIFIED VINE TO THE LEFT WITH SYNCOPATED CHA-CHA STEPS

- 25          Left foot step left
- 26          Right foot step behind left leg to the left
- 27-28       Left foot step left, right foot close to left foot, left foot step in place

## MODIFIED VINE TO THE RIGHT WITH SYNCOPATED CHA-CHA STEPS

- 29          Right foot step right
- 30          Left foot step behind right foot to the right
- 31-32       Right foot step right, left foot close to right foot, right foot step in place

## LEFT HEEL AND SYNCOPATED RIGHT POINT BALL CHANGE

- 33          Left heel touch forward and slightly to the left
- 34          Left foot close to right foot

35-36 Right toe points diagonally to the front and right-remaining slightly off the floor and then ball of right foot closes to left foot and then the left foot steps in place

#### **RIGHT HEEL AND SYNCOPATED LEFT POINT BALL CHANGE**

37 Right heel touch forward and slightly to the right

38 Right foot close to left foot

39-40 Left toe points diagonally to the front and left-remaining slightly off the floor and then ball of left foot closes to right foot and then the right foot steps in place

**For style, a toe touch forward may be used instead of heel touch in Counts 33 and 37.**

#### **MODIFIED JAZZ BOX TO THE RIGHT WITH SYNCOPATED CHA-CHA STEPS**

41 Left foot step in front of right leg to the right

42 Right foot step backward

43-44 Left foot step to close to right foot, right foot step in place, left foot step in place

#### **MODIFIED JAZZ BOX TO THE LEFT WITH SYNCOPATED CHA-CHA STEPS**

45 Right foot step in front of left leg to the left

46 Left foot step backward

47-48 Right foot step to close to left foot, left foot step in place, right foot step in place

#### **LEFT SIDE PIVOTS WITH SYNCOPATED CHA-CHA STEPS**

49 Left foot step  $\frac{1}{4}$  turn to the left; weight shifts to the left foot-right heel lifts; right toe stays in position, but may pivot slightly to the left

50 Right foot step in original position, weight rocks back on the right foot

51-52 Left foot step to close to right foot, right foot step in place, left foot step in place

#### **RIGHT SIDE PIVOTS WITH SYNCOPATED CHA-CHA STEPS**

53 Right foot step  $\frac{1}{4}$  turn to the right; weight shifts to the right foot-left heel lifts; left toe stays in position, but may pivot slightly to the right

54 Left foot step in original position, weight rocks backward on the left foot

55-56 Right foot step to close to left foot, left foot step in place, right foot step in place

#### **MODIFIED VINE TO THE LEFT WITH SYNCOPATED CHA-CHA STEPS**

57 Left foot step left

58 Right foot step behind left leg to the left

59-60 Left foot step left, right foot close to left foot, left foot step in place

#### **MODIFIED VINE TO THE RIGHT WITH SYNCOPATED CHA-CHA STEPS**

61 Right foot step right

62 Left foot step behind right leg to the right

63-64 Right foot right, left foot close to right foot, right foot step in place

#### **REPEAT**

**On all repeats substitute the following Count 1:**

1 Left foot step  $\frac{1}{4}$  turn to the left

---