

J. K. Fancy

拍數: 44 牆數: 2 級數: Improver
編舞者: Kim Christensen (DK) & Joan F. Christensen (DK)
音樂: Jackson Saturday Night - Montana Rose With Kenny Williams



SIDE ROCK STEP, FORWARD ROCK STEP

1-2 Rock right foot to right side, recover weight onto left foot
3-4 Rock right foot forward, recover weight to left foot

FORWARD SHUFFLE, HOCK, BEND KNEE

5-7 Step right foot forward, step left beside right (3rd position), step right forward
8 Hock left up behind right knee and bend the right knee at the same time

BACKWARD SHUFFLE, TOE TOUCH

9-11 Step left backward, step right beside left (3rd position), step left backward
12 Touch right toe beside left foot

BALL ROLL STEP

13 Step right to right side with a roll on right foot (start with the toe and roll down on the heel), on the same count lift your left foot from the floor
14 Step down on left foot
15-16 Repeat the ball roll step from count 13-14

STEP, STOMP, STEP, STOMP

17-18 Step right to right side, stomp left beside right
19-20 Step left to left side, stomp right beside left

VINE RIGHT, STEP

21-23 Step right to right side, cross left behind right, step right to right side
24 Step left beside right, (end with weight on left foot)

HEEL TOUCH, HOCK, STEP, HEEL TOUCH, HOCK, STEP, POINT, POINT

25-27 Step right heel forward, hock right in front of left, step right forward
28-30 Step left heel forward, hock left in front of right, step left forward
31-32 Point right toe forward, point right toe to right side

JAZZ BOX

33-36 Cross right over left, step left backward, step right to right side, step left beside right

PIVOT TURN (FULL TURN)

37-38 Step right forward, pivot ½ turn left
39-40 Step right forward, pivot ½ turn left

KICK, CROSS, UNWIND, STEP DOWN

41-42 Kick right forward, cross right over left
43-44 Unwind ½ turn on the ball of the feet, step down on the heels and end with weight on left foot

REPEAT