

Iva's "Slow" Dance (L/P)

COPPERKNOB
BY STEPHEN

拍數: 32

牆數: 1

級數: Intermediate/Advanced line/partner
dance



編舞者: Jerry Cope (USA) & Iva Mosko (USA)

音樂: Look at Us - Vince Gill

Position: Right side-by-side

ROCKING CHAIRS, SAILOR SHUFFLES

- 1 Step forward and rock onto left foot
- 2 Rock back onto right foot in place
- 3 Step back and rock onto left foot
- 4 Rock forward onto right foot in place
- & Step left foot next to right
- 5 Cross right foot behind left and step
- & Step slightly to the side on left foot
- 6 Step slightly to the side on right foot
- 7 Cross left foot behind right and step
- & Step slightly to the side on right foot
- 8 Step slightly to the side on left foot

ROCKING CHAIRS, SAILOR SHUFFLES

- 9 Step forward and rock onto right foot
- 10 Rock back onto left foot in place
- 11 Step back and rock onto right foot
- 12 Rock forward onto left foot in place
- & Step right foot next to left
- 13 Cross left foot behind right and step
- & Step slightly to the side on right foot
- 14 Step slightly to the side on left foot
- 15 Cross right foot behind left and step
- & Step slightly to the side on left foot
- 16 Step slightly to the side on right foot

SYNCOATED VINE LEFT, ROCK STEPS

- 17 Step to the left on left foot
- 18 Cross right foot behind left and step
- & Step to the left on left foot
- 19 Cross right foot over left and step
- & Step to the left on left foot
- 20 Cross right foot over left and step
- & Step to the left on left foot
- 21 Cross right foot behind left and step while bending right knee and lifting left foot
- 22 Rock forward onto left foot in place
- & Step right foot next to left
- 23 Cross left foot behind right and step while bending left knee and lifting right foot
- 24 Rock forward onto right foot in place

RIGHT MILITARY PIVOTS, VINE RIGHT

Partners release left hands and raise right hands on the next 8 counts

- 25 Step forward on left foot

26 Pivot ½ turn to right on ball of left foot and shift weight to right foot

27-28 Repeat 25-26

Lady performs a rolling turn to the right on the following 4 counts

29 Cross left foot over right and step

30 Step to the right on right foot

31 Cross left foot behind right foot and step

32 Step to the right on right foot

Partners join hands again in Right side-by-side position

REPEAT
