

Itchy Feet

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Cindi Talbot (CAN)
音樂: Boogie Woogie Fiddle Country Blues - Charlie Daniels



TOE STRUTS FORWARD, RIGHT TURNING VINE

1-2 Right toe forward, drop right heel
3-4 Left toe forward, drop left toe
5-8 Full turn right, stepping right-left-right-left

TOE STRUTS BACK, JUMP OUT, CLAP, SHUFFLE ¼ RIGHT

9-10 Touch right toe back, drop right heel
11-12 Touch left toe back, drop left heel
&13 Jump out to right with right, out to left with left
14 Clap
15&16 Shuffle right-left-right making ¼ turn to right

STEP TURN STEP HOLD, STEP WIDE, CLAP, HOEDOWN

17-18 Step left forward, pivot ½ right putting weight on right
19-20 Step left forward, hold
21-22 Step wide with right out to right, clap
23-24 Bend knees to sink down (elbows out to each side, fists meeting in center of chest),
straighten knees to come up (straighten arms, keeping hands together in center of body
pushing them toward the floor)

HEEL STEP HEEL STEP, 2 SAILOR SHUFFLES

25-26 Touch right heel forward on a slight diagonal right, step in place with right (you can sink down
by bending right knee)
27-28 Touch left heel forward on a slight diagonal left (straightening right knee to come up), step in
place with left (sinking down by bending left knee)
29-32 Right sailor shuffle right-left-right, left sailor shuffle left-right-left

REPEAT
