

Itchy & Scratchy

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Tim Gauci (AUS)
音樂: Poison Ivy - The Dean Brothers



TOE STRUT, STEP ½ TURN, TOE STRUT, STEP ½ TURN

- 1-2-3-4 Touch right toe forward, place right heel onto floor (toe strut), step left forward, pivot ½ turn to right
5-6-7-8 Touch left toe forward, place left heel onto floor (toe strut), step right forward, pivot ½ turn to left

WEAVE RIGHT, HIPS RIGHT, LEFT, RIGHT

- 1-2-3-4 Step right to right, step left behind right, step right to right, step left over right
5-6-7-8 Step right to right- bumping hips for 2 beats to the right, bump hips to the left, right (weight on right)- (note: these bumps fit in with the music, have some fun and roll those hips!!)

VINE LEFT ¼ TURN, STEP ½ TURN, SIDE ROCK

- 1-2-3-4 Step left to left, step right behind left, step left to left turning ¼ turn to left, scuff the right forward
5-6-7-8 Step right forward, pivot ½ turn to left, step right to right, rock weight onto left

CROSS, HOLD, CLICK, HOLD, ½ TURN & SHOULDER SHAKES, BACK ROCK

- 1-2-3-4 Step right over left, hold, click both fingers at shoulder height, hold
5-6-7-8 Unwind ½ turn to left (2 beats) - shake shoulders twice while turning, step right back, rock weight forward onto left

KICK, STEP ACROSS, KICK, STEP ACROSS, KICK, ¼ BOX TURN

- 1-2-3-4 Kick right forward 45 degrees right, step right over left, kick left forward 45 degrees left, step left over right
5-6-7-8 Kick right forward 45 degrees right, step right over left, step left back, step right to right turning ¼ turn to right (similar to a ¼ turn box step)

CROSS ROCK, SHUFFLE ¼ TURN, STEP ½ TURN, SHUFFLE FORWARD

- 1-2-3&4 Step left over right, rock weight back onto right, shuffle to left turning ¼ turn to left (left, right, left)
5-6-7&8 Step right forward, pivot ½ turn to left, shuffle forward (right, left, right)

SIDE, TOGETHER, FORWARD, SIDE TOGETHER, STEP BACK, LOW KICK

- 1-2-3-4 Step left to left, slide right to left (weight right), step left forward, touch right to left (weight left)
5-6-7-8 Step right to right, slide left to right (weight left), step right back, low kick left forward (click fingers)

WALK BACK LEFT, RIGHT, LEFT, LOW KICK, ROCK BACK, FULL TURN FORWARD

- 1-2-3-4 Step left back, step right back, step left back, low kick right (click fingers)
5-6-7-8 Step right back, rock weight forward onto left, traveling forward- step right back turning ½ turn to left, step left forward turning ½ turn to left (full turn for 2 traveling forward) - (easier: walk right, left)

REPEAT

RESTART

During 3rd and 6th walls dance up to beat 32 and start the dance again

