

# It's The Truth

**COPPER KNOB**  
BY STEPHEN BRETZ

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Chris Cleevely (UK)  
音樂: (I've Had) The Time of My Life - Bill Medley & Jennifer Warnes



## INTRO

Danced just once, when the instrumental starts. Drop this intro if Tim McGraw track is used

**2 X MONTEREY TURNS, POINT BACK RIGHT, STEP IN PLACE, POINT BACK LEFT, STEP IN PLACE, FORWARD RIGHT MAMBO, FORWARD LEFT MAMBO**

- 1-2            Point right toes to right side, pivot ½ turn right and step right next to left
- 3-4            Point left toes to left side, step left by right
- 5-6            Point right toes to right side, pivot ½ turn right and step right next to left
- 7-8            Point left toes to left side, step left by right
- 9-10          Point right toes back (on right diagonal), step right in place & clap
- 11-12        Point left toes back (on left diagonal, step left in place & clap)
- 13-14        Rock forward on right, recover weight on left, step right by left
- 15&16        Rock forward on left, recover weight on right, step left by right

## THE MAIN DANCE

**STEP, ROCK, RECOVER (TRAVELING FORWARD)**

- 1&2            Step forward on right, rock back on left, recover weight on right (snap fingers of left hand)
- 3&4            Step forward on left, rock back on right, recover weight on left (snap fingers of right hand)
- 5&6            Step forward on right, rock back on left, recover weight on right (snap fingers of left hand)
- 7&8            Step forward on left, rock back on right, recover weight on left (snap fingers of right hand)

**RIGHT SCISSOR STEP, LEFT SCISSOR STEP, KICK, ¼ TURN RIGHT, TWIST, TWIST, ¼ TURN LEFT**

- 9&10          Step right to right side, step left by right, cross right over left
- 11&12        Step left to left side, step right by left, cross left over right
- 13-14        Kick right foot forward, twist ¼ turn right (weight on left)
- 15&16        Twist heels right, twist heels left, twist heels right making ¼ turn left (weight on right)

**LEFT COASTER STEP, RIGHT FORWARD MAMBO, HIP BUMPS ON LEFT DIAGONAL, HIP BUMPS ON RIGHT DIAGONAL**

- 17&18        Step back on left, step right by left, step left forward
- 19&20        Rock forward on right, recover weight on left, step right by left
- 21&22        Step forward on left diagonal and bump hips left/right/left
- 23&24        Step forward on right diagonal and bump hips right/left/right

**LEFT ¼ TURNING SAILOR STEP, ROCK, RECOVER, FULL TURN, ROCK RECOVER**

- 25&26        Making ¼ turn left cross left behind right, step right to right side, step left to left side
- 27-28        Rock forward on right, recover weight on left
- 29-30        Step ½ turn right, keeping weight on right pivot ½ turn right stepping back on left
- 31-32        Rock back on right, recover weight on left

## REPEAT

## RESTART

For Dirty Dancing track only: on 11th wall restart dance after count 28 (on count 28 you will be facing 3:00)

## ENDING

For dirty dancing track only: last wall (14th) on counts 29-30 (6:00), make a 1 ½ turn over right shoulder (stepping right/left/right) to finish facing 12:00

