

It's The Time

COPPER KNOB
STEPSHEETS

拍數: 32

牆數: 2

級數: Improver west coast swing
line/contra



編舞者: Bonnie Newcomer (USA)

音樂: Love Is A Crime (Thunderpuss Remix) - Anastacia

COASTER STEP, STEP, KICK, COASTER STEP, ROCK, STEP

- 1&2 Right coaster step (right-left-right) back - together - forward
- 3 Left foot step forward
- 4 Right foot kick forward
- 5&6 Right coaster step (right-left-right) back - together - forward
- 7 Left foot rock forward
- 8 Right foot step down in place

½ TURN, ¼ TURN, HIP BUMPS

- 9 Left foot step ½ turn left (to the left)
- 10 Right foot step ¼ turn left (to the left)
- 11-12 Bump hips to left side (twice)
- 13-14 Bump hips to right side (twice)
- 15 Bump hips to left side
- 16 Bump hips to right side

SIDE, BEHIND, CHASSE, ¼ ROCK, STEP, COASTER STEP

- 17 Left foot step to left side (towards opposite line)
- 18 Right foot step behind left foot
- 19&20 Left side shuffle or chasse (left-right-left) side - together - side
- 21 Right foot rock ¼ turn left (to the left) to face an open space & slap hands with opposite line
- 22 Left foot step down
- 23&24 Right coaster step (right-left-right) back- together - forward

FORWARD, PREP, TRIPLE ½, CROSS, BACK, HEEL TAPS

- 25 Left foot step forward (passing thru opposite line)
- 26 Right foot step forward (prep step for upcoming turn)
- 27&28 Left turning triple step (left-right-left) making ½ turn left (to the left)
- 29 Right foot step across left foot
- 30 Left foot step back
- 31-32 Right heel tap forward (twice)

REPEAT
