

# It's Supernatural

COPPER KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Terri Alexander (USA)  
音樂: Supernatural - Raven-Symoné



## LEFT FORWARD, OUT OUT, KNEE IN OUT DOWN, TOE HEEL TWISTS

1&2      Step left forward, step right forward and out to right side, step left forward and out to left side  
3&4      On toe of right turn right knee in toward left knee, pivoting on toe of right- turn right knee out to right side, drop right heel down (weight to right)  
5-6      Turn left toe to right, turn left heel to right  
7      Turn left toe to right at same time step right to right (right toe still pointed to right toward 3:00)  
&      Turn left heel to right at same time bend both knees (knees pointed out to sides)  
8      Turn left toe to right at same time step right to right (right toe still pointed to left toward 3:00)  
&      Turn left heel to right at same time bend both knees (knees pointed out to sides) 12:00

## LUNGE, TURN ¼, SYNCOPATED ½ TURN, ROCK, ¼ TURN, HIP PUSHES

1-2      Lunge to right (left leg extended, right knee bent), push weight back to left turning ¼ left  
3&4      Step right forward, turn ½ left stepping left forward, step right forward  
5-6      Rock left forward, turning ¼ right step weight to right 6:00  
7&8      Pushing hips left: step left to left, slide right to left, step left to left

**Restart here: replace count &16 with push hips right (weight to right)**

## STEP TOUCH RIGHT & LEFT, ¼ TOUCH POINT, ¼ STEP FULL TURN STEP TOUCH

1&2&      Step right to right, touch left beside right, step left to left, touch right beside left  
3&4      Turn ¼ to right stepping right forward, touch left beside right, point left to left side 9:00locok  
5-6      Turning ¼ to left step left forward, step right forward  
&7      (Full turn) pivot ½ to left stepping left forward, pivot ½ to left stepping right back  
&8      Step left beside right, touch right beside left 6:00

## STEP RIGHT, ROCK RECOVER, WEAVE LEFT, TOE DROP, TURN ¼, ½, ½

1-2&      Step right to right, rock left behind right, recover on right  
3&4      Step left to left, step right behind left, step left to left  
5&6      Touch right toe to right, drop right heel (taking weight), step on left (angle left prepping for turn)  
7&8      Turn ¼ to right stepping right forward, turn ½ to right stepping left back, turn ½ to right stepping right forward (9:00)

## REPEAT

## RESTART

**Restart once during 3rd rotation of dance. Dance counts 1-15, replace count &16 with:**

16      Push hips right (weight to right)