

# It's So True

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Helen Born (USA) & Nita Lindley (USA)  
音樂: The Truth About Men - Tracy Byrd



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## RIGHT KICK BALL CHANGE, STEP CROSS HOLD, LEFT KICK BALL CHANGE, STEP CROSS HOLD

1&2-3-4      Kick right forward, step down on right, step left in place, cross right over left and hold  
5&6-7-8      Kick left forward, step down on left, step right in place, cross left over right and hold

## RIGHT BACK SHUFFLE, LEFT BACK SHUFFLE, ROCK STEP, COASTER STEP

1&2      Step right back, step left close to right, step right back  
3&4      Step left back, step right close to left, step left back  
5-6      Rock forward on right, recover on left  
7&8      Step right foot back, step left together, step right foot forward

## STEP, BEHIND, ¼ STEP, ½ PIVOT, ¼ STEP, BEHIND, SIDE (FULL TURN 8 COUNT VINE)

1-2      Step left to side right behind left  
3-4      Step left ¼ turn left, step forward on right  
5-6      Pivot ½ turn left, (weight on left) turn ¼ turn left and step right to side  
7-8      Step left behind right, step right to side, (completing whole turn)

## ½ PIVOT RIGHT, LEFT SHUFFLE, TOE STRUTS

1-2      Step forward left, ½ turn right on ball of right foot  
3&4      Step left foot forward, step right next to left, step left foot forward  
5-6      Touch right toe forward, step down on right heel  
7-8      Touch left toe forward, step down on left heel

**REPEAT**

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