

It's Shame On You

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Irene Groundwater (CAN)
音樂: Shame Shame Shame - Tina Charles



DIAGONAL FORWARD, LOCK, DIAGONAL FORWARD, LOCK, DIAGONAL FORWARD, ½ TURN RIGHT, LOCK, DIAGONAL BACK, LOCK DIAGONAL BACK

- 1-2 Right diagonal forward, lock left behind right
3&4 Right diagonal forward, lock left behind right, right diagonal forward
5-6 Pivot ½ turn right and step diagonal back on left, lock right over left
7&8 Left diagonal back, lock right over left, left diagonal back

Option: on counts 1-4, body faces diagonal left(10:30) and extend right hand forward palm down and left arm back, right shoulder raised and looking over right shoulder

Option: on counts 5-8, body faces diagonal left (4:30) and extend right hand forward palm down and left arm back left shoulder raised and looking back over right shoulder

SIDE, HOLD, TOGETHER, SIDE, HOLD, TOGETHER, (FORWARD SHIMMY, BRUSH,) TWICE

- 1 Stomp side step right swinging hips right looking right and shaking finger right
2& Hold, step left beside right looking forward
3 Stomp side step right swinging hips right looking right and shaking finger right
4& Hold, step left beside right looking forward
5-6 Right forward with shimmy, brush left ball forward beside right instep
7-8 Left forward with shimmy, brush right ball forward beside left instep

Option: on counts 5-8, forward, brush, forward, brush

HIP, HIP, HIP, ½ TURN RIGHT WITH HIP, HIP, HIP, ROTATE, ROTATE

- 1&2 Right forward raising right hip, lower right hip, raise right hip (bring weight forward)
3 Left back making ½ turn right on step and pushing left hip back
&4 Push right hip forward, push left hip back
5-6 Placing right hand behind right ear rotate right hip and right. Elbow forward then to the right
7-8 Placing left hand behind left ear rotate left hip and left. Elbow forward then to the left

Option: on count 1, raise both hands above head. On count 2, lower hands

Option: on count 3, raise both hands above head. On count 4, lower hands

Option: on count 5, look right. On count 6, look left

FORWARD, FORWARD, FORWARD, ½ TURN LEFT, FORWARD, STOMP, HOLD, STOMP, SHIFT WEIGHT TO LEFT

- 1 Right forward (extending right shoulder forward with hands out and palms facing down)
2 Left forward (extending left shoulder forward with hands out and palms facing down)
3&4 Right forward, left forward making ½ turn left on step, right forward
5-6 Side stomp left (looking left and shaking left hand fingers to left), hold
7-8 Side stomp right (looking right and shaking right hand fingers to right), hold (shift weight to left)

Option: on count 1, right forward sweeping right hand over head to the back

Option: on count 2, left forward sweeping left hand over head to the back

REPEAT

This dance won 2nd place in the Non-Country Division of the Van. Vibrations Event, May20, 2006