

It's Raining Men

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gina Mello (USA)
音樂: It's Raining Men - The Weather Girls



"It's Raining Men" is available on many compilations. There are 3 different versions. You will be okay if you get the 3:30 ish version (others are 4:45 and 5:20). Also buy regular version not version with the word "sequel" in the title.

SIDE ROCK, RETURN, CROSS & CROSS, ¼ TURN, ¼ TURN, CROSS & CROSS

1-2 Rock right side right and return weight left
3&4 Cross and cross right over left
5-6 ¼ right turn with left, ¼ right turn with right
7&8 Cross and cross left over right

¼ TURN ROCK RETURN, CROSS BACK, STEP BACK, STEP BACK, CROSS BACK, ROCK RETURN

1-2 Rock right ¼ into ¼ right (just squaring off) and return weight back to left
3-4 Cross back right over left, step back left
5-6 Step back right, step left back over right
7-8 Rock back right, return weight forward onto left

2 STEP FULL TURN, STOMP, HOLD, STOMP, HOLD, STOMP, HOLD

1-2 Step forward ½ turn left with right, step forward ½ turn left with left
3-4 Stomp right and hold
5-6 Stomp left and hold
7-8 Stomp right and hold

ROCK RETURN, TOE HEEL ½ TURN LEFT, TOE HEEL ½ TURN LEFT, HEEL & HEEL

1-2 Rock forward left, rock back onto right
3-4 Turn ½ turn left touching toe of left foot and then transferring weight onto left heel

Keeping head facing 9:00 as much as possible- body will be 6:00ish

5-6 Turn ½ turn left touching toe of right foot and then transferring weight onto right heel

This move will feel like a full turn as your upper body will be catching up to what your feet have been doing!

7&8 Place left heel front, step left, place right heel front

REPEAT

TAGS

Walls 2, 3, and 4 - simply add 4 more heels to end of dance

Walls 6 and 9- simply add 8 more heels to end of dance

OPTIONAL ARMS

Whenever doing bonus heels raise arms and twist wrists as you bring arms down -simulating the falling rain (men!)