

It's Over

拍數: 32 牆數: 2 級數: Improver
編舞者: Ingemar Kardeskog (SWE)
音樂: F**k It (I Don't Want You Any More) - Eamon



RIGHT ROCK, CROSS SHUFFLE, LEFT POINT, HOLD, SYNCOPATED WEAVE ¼ TURN RIGHT

1-2 Rock right foot to right side, recover weight onto left foot (12:00)
3&4 Step right across left, & step left to left side, step right across left
5-6 Point left foot to the left, hold
7&8 Step left foot behind right, & step right foot to right side turning ¼ right, step left forward (3:00)

RIGHT STEP, ½ TURN LEFT, RIGHT SHUFFLE FORWARD, LEFT ROCK, RECOVER, ¼ LEFT SAILOR TURN

1-2 Step right foot forward, turn ½ turn left weight on left foot (9:00)
3&4 Right shuffle forward (right, left, right)
5-6 Rock left foot forward, recover onto right foot
7&8 Sweep left foot behind right foot making ¼ turn left, & step back on right, step forward on left (6:00)

RIGHT ROCK FORWARD, RECOVER, BACK, TOUCH, HOLD, ½ TURN LEFT, ½ TURN LEFT, COASTER STEP

1-2& Rock right foot forward, recover onto left, & step back onto right foot (like a rocking chair)
3-4 Touch left foot in front of right foot, hold
5-6 Make ½ turn left stepping forward on left (12:00), ½ turn left stepping back on right foot (6:00)
7&8 Step left foot back on ball of left foot, & step right foot next to left, step left forward

½ TURN LEFT, ½ TURN LEFT, RIGHT SHUFFLE FORWARD, LEFT POINT, SYNCOPATED WEAVE RIGHT

1-2 Make ½ turn left stepping back on right foot, make ½ turn left stepping forward onto left foot (6:00)
3&4 Right shuffle forward (right, left, right)
5-6 Point left foot to the left side, hold
7&8 Step left foot behind right, & step right foot to the right side, cross left foot in front of right foot

REPEAT

ENDING

The music will stop during section 2. Dance count 1-2 (right step, ½ turn left), then turn ¼ turn left and hold. You will be facing the home wall (12:00).