

# It's Ok!

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jacqui Cooper  
音樂: Its Ok - Atomic Kitten



## SIDE BEHIND SIDE, CROSS SIDE CROSS, ROCK & CROSS, ROCK & TOUCH

1&2      Step right to side, cross left behind right, step right to side  
3&4      Cross left over right, step right to side, cross left behind right  
5&6      Rock right to side, rock left in place, cross right over left  
7&8      Rock left to side, rock right in place, touch left beside right

## SIDE BEHIND SIDE, CROSS SIDE CROSS, SIDE BEHIND SIDE, CROSS SIDE TOUCH

1&2      Step left to side, cross right behind left, step left to side  
3&4      Cross right over left, step left to side, cross right behind left  
5&6      Rock left to side, rock right in place, cross left over right  
7&8      Rock right to side, rock left in place, touch right beside left

## SKATE RIGHT, LEFT, MAMBO FORWARD, LEFT LOCK BACK, ½ TURN SHUFFLE

1-2      Skate right, skate left  
3&4      Rock forward on right, rock back on left, step back right  
5&6      Step back on left, lock right in front of left, step back on left  
7&8      Make ½ turn over right shoulder, shuffling right, left, right

## SKATE LEFT, RIGHT, MAMBO FORWARD, RIGHT LOCK BACK, ¼ TURN SHUFFLE

1-2      Skate left, skate right  
3&4      Rock forward on left, rock back on right, step back left  
5&6      Step back on right, lock left in front of right, step back on right  
7&8      Make ¼ turn to left, shuffle to the side left, right, left

## REPEAT

### TAG & RESTART:

On walls 3 & 6, immediately after count 22:

1&2      Rock back on right, rock weight onto left, touch right beside left

### ENDING

On last wall (wall 9) to face front, finish wall to end, then:

1&2      ¼ turn right and shuffle forward right, left right  
3&4      Shuffle forward left right left