

It's Ok Now

COPPER KNOB
BY STEPHEN

拍數: 96 牆數: 2 級數: Intermediate waltz
編舞者: Rosalie Mackay (AUS)
音樂: Is It OK To Cry Now - Vicki Vann



CROSS, SIDE, BEHIND, SIDE, DRAG FOR 2 COUNTS

1-2-3 Cross left over right, step right to right side, cross left behind right
4-5-6 Step right long step to right side, drag left to right over 2 counts

¼ TURN, FULL TURN, SIDE, DRAG FOR 2 COUNTS

1-2-3 Turn ¼ left step left forward, turn ½ left step right back, turn ½ left step left forward (9:00)
4-5-6 Step right long step to right side, drag left to right over 2 counts

¼ TURN, PIVOT ½ TURN, CROSS, SIDE, STEP

1-2-3 Turn ¼ left step left forward, step right forward, pivot ½ turn left weight on left (12:00)
4-5-6 Step right over left step left to left side, step right in place

DIAGONAL FORWARD, LOCK, FORWARD, DIAGONAL PIVOT ½ TURN

1-2-3 Step left forward at 45 degrees right, lock step right behind left, step left forward at 45 degrees right (1:00)
4-5-6 Step right forward at 45 degrees right, pivot ½ turn left over 2 counts weight on left (7:00)

DIAGONAL ½ TURN, BACK, LOCK, BACK, ½ TURN, HITCH TURN

1-2-3 ½ turn left step back on right at 45 degrees left, step left back at 45 degrees left, lock step right across left (1:00)
4-5-6 Step left back at 45 degrees left, ½ turn right step right forward at 45 degrees right (7:00), turn 3/8 right on right hitch left (12:00)

CROSS, SIDE, ½ TURN, CROSS, SIDE, STEP

1-2-3 Cross left over right, step right to right side, turn ½ left step left to left side (6:00)
4-5-6 Cross right over left, step left to left side, step right in place

CROSS, SIDE, ½ TURN, CROSS/ROCK, HOLD, HOLD

1-2-3 Cross left over right, step right to right side, turn ½ left step left to left side (12:00)
4-5-6 Cross/rock left over right, hold, hold

BACK/ROCK, ½ TURN, SIDE, CROSS BACK/ROCK, HOLD, HOLD**

1-2-3 Rock back on left in place, turn ¼ right step right forward, turn ¼ right step left to left side (6:00)
4-5-6 Cross/rock right behind left (face right diagonal left heel on the floor), hold, hold

& FORWARD TO RIGHT DIAGONAL, BEHIND UNWIND, SIDE, ROCK, CROSS

&1-2-3 Quickly step left forward at 45 degrees right, touch ball of right behind left, unwind 7/8 turn right over 2 counts, weight ends on right (to face 6:00)
4-5-6 Rock step left to left side, rock on to right in place, cross left over right

SIDE TURN, (FACING LEFT DIAGONAL) DRAG, DRAG, COASTER STEP

1-2-3 Step right to right side turning to face diagonally left, drag left to right over 2 counts (5:00)
4-5-6 Step left back, step right beside left, step left forward

DIAGONAL FORWARD, LOCK, FORWARD, DIAGONAL PIVOT ½ TURN

- 1-2-3 Step right forward at 45 degrees left, lock step left behind right, step right forward at 45 degrees left
4-5-6 Step left forward at 45 degrees left, pivot ½ turn right over 2 counts weight on right (11:00)

DIAGONAL ½ TURN, BACK, LOCK, BACK, 3/8 TURN, SIDE

- 1-2-3 ½ turn right step back on left at 45 degrees right, step right back at 45 degrees right, lock step left across right (5:00)
4-5-6 Step right back at 45 degrees right, turn 3/8 left (to face 12:00) step left forward, step right to right side

SIDE, DRAG, DRAG, BEHIND, ½ TURN, TOGETHER

- 1-2-3 Step left to left side big step, drag right to left over 2 counts
4-5-6 Step right behind left, turn ¼ left step left forward, turn ¼ left step right beside left (6:00)

WALTZ BACK, 2,3, CROSS, SIDE, BEHIND

- 1-2-3 Step left back, step right beside left, step left in place
4-5-6 Cross right over left, step left to left side, step right behind left

¼ TURN FORWARD, POINT, HOLD, FORWARD, POINT, HOLD

- 1-2-3 Turn ¼ left step left forward, point right to right side, hold (3:00)
4-5-6 Step right forward, point left to left side, hold

CROSS, SIDE, BEHIND, ¼ TURN, FULL TURN

- 1-2-3 Cross left over right, step right to right side, step left behind right
4-5-6 Turn ¼ right step right forward, turn ½ right step left back, turn ½ right step right forward (6:00)

REPEAT

RESTART

- Restart on 2nd wall after 48 counts facing the front
Restart on 5th wall after 48 counts facing the back
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