

# It's Monday

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Chuck Fizone (USA)  
音樂: It Sure Is Monday - Mark Chesnutt



## HEEL SPLITS 2X, HEEL TAP, HEEL HOOK, HEEL TAP, HEEL SLAP BACK

- 1            Spread both heels out
- 2            Return heels to center
- 3            Spread both heels out
- 4            Return heels to center
- 5            (Angling body slightly right) tap right heel forward
- 6            Bring back across left shin
- 7            (Keeping slight angle) tap right heel forward
- 8            Slap right heel behind left leg with left hand

## RIGHT FORWARD, LOCK, FORWARD, BRUSH, LEFT FORWARD, LOCK, FORWARD, BRUSH

- 1            Step right foot diagonally right forward
- 2            Lock left foot behind right
- 3            Step right foot diagonally right forward
- 4            Brush left foot forward
- 5            Step left foot diagonally left forward
- 6            Lock right foot behind left
- 7            Step left foot diagonally left forward
- 8            Brush right foot forward

## JAZZ BOX STEP, ¼ MONTEREY TURN RIGHT

- 1            Step right foot over left
- 2            Step back on left foot
- 3            Step right foot slightly right
- 4            Step left foot next to right
- 5            Touch right toes out to right
- 6            (Turning ¼ right) step right foot next to left
- 7            Touch left toes out to left
- 8            Step left foot next to right

## ¼ MONTEREY TURN RIGHT, RIGHT HEEL TAP, HEEL HOOK, STEP FORWARD, SLIDE TOGETHER

- 1            Touch right toes out to right
- 2            (Turning ¼ right) step right foot next to left
- 3            Touch left toes out to left
- 4            Step left foot next to right
- 5            Touch right heel forward
- 6            Bring back across left shin
- 7            Step right foot forward
- 8            Slide left foot up next to right

**REPEAT**

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