It's Me Again

拍數: 32

級數: Improver

編舞者: DJ Dan (NL) & Wynette Miller (NL)

音樂: It's Me Again - Jill King

When Jill sings "When you're lyin' by her side", start on the word "her"

WALK, WALK, LOCK STEP, MAMBO FORWARD, MAMBO BACK

- 1-2 Step right forward, step left forward
- 3&4 Step right forward, lock left behind right, step right forward
- 5&6 Rock left forward, recover weight onto right, step left next to right
- 7&8 Rock right back, recover weight onto left, step right next to left

CROSS, STEP BACK ¼ TURN LEFT, CHASSE, CROSS & SIDE, CROSS & SIDE

- 1-2 Cross step left over right, make on ball of left ¼ turn left and step right back
- 3&4 Step left to left side, step right next to left, step left to left side
- 5&6 Cross rock right over left, recover weight onto left, step right to right side
- 7&8 Cross rock left over right, recover weight onto right, step left to left side

CROSS, UNWIND ¾ LEFT, COASTER STEP, SYNCOPATED ROCKS, SAILOR STEP

- 1-2 Cross step on ball of right over left, unwind ³/₄ turn left (weight ends on right)
- 3&4 Step left back, step right next to left, step left forward
- 5& Cross rock right over left on left diagonal, recover weight onto left
- 6& Rock right on right diagonal, recover weight onto left
- 7&8 Cross step right behind left, step left to left side, step right to right side

SYNCOPATED ROCKS, SAILOR ¼ TURN LEFT, CROSS SHUFFLE, SIDE & STEP

- 1& Cross rock left over right on right diagonal, recover weight onto right
- 2& Rock left on left diagonal, recover weight onto right
- 3&4 Cross step left behind right, make ¼ turn left and step right to right side, step left to left side
- 5&6 Cross step right over left, step left to left side, cross step right over left
- 7&8 Rock left to left side, recover weight onto right, step left forward

REPEAT

TAG

At the end of 3rd wall. (3:00)

SIDE & STEP, SIDE & STEP

- 1&2 Rock right to right side, recover weight onto left, step right forward
- 3&4 Rock left to left side, recover weight onto right, step left forward





牆數:4