

It's Ma! Cowboy

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 0 級數:
編舞者: Maggie Gallagher (UK) & Alan Birchall (UK)
音樂: Rhinestone Cowboy - Rikki & Daz



On The Word 'Cowboy' After DJ Intro Count 48 or 30 Seconds

OPTIONAL INTRO

Start when main beat kicks in - (count 8 or 8 seconds)

1&2 Clap hands with partner your right to their right (diagonal)

3&4 Clap hands with partner, your left to their left (diagonal)

5&6 Clap hands on knees (your own!)

Repeat this section to main lyrics (8 times)

JUMP FORWARD, CLAP, ¼ SIDE SHUFFLE, SIDE SHUFFLE, ¼ SIDE SHUFFLE

&1-2 Jump forward landing right, left, clap hands with partner (opposite)

3&4 Step left to left, right by left, left to left making ¼ turn left (advancing along the line -facing 9:00)

5&6 Step right to right, left by right, step right to right (through the line)

7&8 Step left to left making ¼ turn left, step right by left, step left to left (you should now be on the opposite line - facing a different partner 6:00)

JUMP FORWARD, CLAP, SIDE, BEHIND, ROCK, RECOVER, BEHIND, SIDE, FORWARD

&9-10 Jump forward landing right, left, clap hands with partner

11-12 Step left to left, cross right behind

13-14 Rock left to left, recover on right

15& Step left behind right, step right to right

16 Step forward on left

You should be facing a gap between the people opposite alternative for steps 13-16: right & left heel jacks starting on count &13

STEP IN PLACE, STEP ½ PIVOT, STEP ½ PIVOT, HEEL SWITCH'S, HEEL HITCH

17-18 Step forward on right, ½ pivot left

19-20 Step forward on right, ½ pivot left

21& Touch right heel forward, step right by left

22& Touch left heel forward, step left by right

23& Touch right heel forward, hitch right over left knee

24 Touch right heel forward (clap) - or clap hands twice or both!

COASTER STEP, LEFT SHUFFLE FORWARD, ½ SHUFFLE TURN, COASTER STEP

25&26 Step back on right, step left by right, step forward on right

27&28 Step forward on left, step right by left, step forward on left (link left arm with your original partner)

29&30 Making ½ shuffle turn left stepping right, left, right

31&32 Step back on left, step right by left, step forward on left

You should now be in your original staring position facing your original partner

REPEAT

You will finish the dance on steps &1-2 (jump forward, clap hands)

PROGRESSIVE CONTRA LINE VERSION:

Replaces steps 27&28, 29&30 with forward shuffles, then 31&32 slight diagonal forward shuffle left. The front & back rows should replace steps 31&32 with ½ shuffle turn right (backwards) so they travel back up the line!

