

It's Loud

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sue Dale
音樂: Let's Get Loud - Jennifer Lopez



FORWARD ROCK, BACK LOCK STEP, POINT UNWIND, LEFT CHASSE

1-2 Rock forward on left foot, rock back onto right
3&4 Step back on left, lock right over left, step back on left
5-6 Point right toe behind left foot, unwind ½ turn right (weight on right)
7&8 Left foot to left side, right to meet it, left to left side

CROSS RIGHT ROCK, ¾ TURN, POINT LEFT HOLD, SAILOR STEP

9-10 Rock right across left, recover onto left
11&12 Make ¾ turn right, stepping right, left, right
13-14 Point left foot to left side, hold
15&16 Step left behind right, step right to right side, step left in place

STEP ½ TURN, KICK BALL CROSS, RIGHT ROCK, BEHIND STEP ¼ TURN

17-18 Step right foot forward, pivot ½ turn left
19&20 Kick right foot forward, step back onto right, cross left over right
21-22 Rock right to right side, recover onto left
23&24 Step right behind left, step left ¼ turn left, step forward onto right

KICK OUT OUT, CROSS UNWIND, ROCK BACK, SIDE CLOSE ¼ TURN

25&26 Kick left foot forward, step back left, step back right (weight on right)
27-28 Cross left over right, unwind ½ turn right (weight on left)
29-30 Rock right behind left, recover onto left
31&32 Right to right side, step left beside right, step right ¼ turn right

REPEAT
