

It's Just Who I Am

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Anne Chew
音樂: Meat and Potato Man - Alan Jackson



SIDE ROCK, CROSS & HEEL, SUGARFOOT, CROSS SHUFFLE

- 1-2-3&4 Rock/step right to side, step left in place, cross right over left, small step back on left, right heel forward at 45 degrees
5-6-7&8 Touch right toe beside left instep, touch right heel beside left instep (toe points 45 degrees right), cross shuffle to left (right-left-right)

SIDE ROCK, CROSS & HEEL, SUGARFOOT, CROSS SHUFFLE

- 1-2-3&4 Rock/step left to side, step right in place, cross left over right, small step back on right, left heel forward at 45 degrees left
5-6-7&8 Touch left toe beside right instep, touch left heel beside right instep (toe points 45 degrees left), cross shuffle to right (left-right-left)

¼ TURN, SHUFFLE, ¾ PIVOT, SIDE, DRAG, BEHIND, SIDE, CROSS

- 1&2-3-4 Turn ¼ turn right & shuffle forward (right, left, right), step forward on left and pivot ¾ turn right (weight on right)
5-6 Step left to side, drag right to left and merge into:-
7&8 Cross right behind left, step left to side and slightly back, cross right over left

¼ TURN, SHUFFLE, ¾ PIVOT, SIDE, DRAG, BEHIND, SIDE, CROSS

- 1&2-3-4 Turn ¼ turn left & shuffle forward (left, right, left), step forward on right and pivot ¾ turn left (weight on left)
5-6 Step right to side, drag left to right and merge into:-
7&8 Cross left behind right, step right to side and slightly back, cross left over right

ROLL, SHUFFLE, KICK BALL HEEL, & HEEL, HOLD

- 1-2-3&4 Roll full turn to right in 2 steps (right-left), shuffle to right (right-left-right)
5&6 Kick left across right, hop onto ball of left foot, right heel forward at 45 degrees
&7-8 Small step back on right, left heel forward at 45 degrees, hold

ROLL, SHUFFLE, KICK BALL HEEL, &HEEL, & CROSS

- 1-2-3&4 Roll full turn to left in 2 steps (left-right), shuffle to left (left-right-left)
5&6 Kick right across left, hop onto ball of right foot, left heel forward at 45 degrees
&7&8 Small step back on left, right heel forward at 45 degrees, small step back on right, cross left over right

SIDE, HITCH AND TURN, SHUFFLE, ½ PIVOT, SHUFFLE

- 1-2-3&4 Step right to side, hitch left and turn ½ turn left on ball of right foot, shuffle forward (left-right-left)
5-6-7&8 Step forward on right and pivot ½ turn left, shuffle forward (right-left-right)

SIDE, HITCH AND TURN, SHUFFLE, ROCK FORWARD & BACK, COASTER

- 1-2-3&4 Step left to side, hitch right and turn ½ turn right on ball of left foot, shuffle forward (right-left-right)
5-6-7&8 Rock forward on left, rock back on right, step back on left, step right beside left, step forward on left

REPEAT

FINISH

On 4th wall (facing back) dance 1st 47 steps and finish dance with:

&8 Spin on right heel to face front, bring left foot alongside right while dropping right toe
