It's Heaven

拍數: 32

級數: Intermediate

編舞者: Sandra Le Brocq

音樂: Heaven in My Woman's Eyes - Tracy Byrd

STEP, HEEL, TOUCH, STEP-KICK, TOE-STRUT TWICE, ROCK-RECOVER-ROCK, KICK

- 1-2-3-4& Side-step to right on right, left heel dig to front, left side touch, cross-step left behind right, small side-kick with right
- 5&6&7& Cross ball of right behind left, lower right heel, side-step on ball of left, lower left heel, crossrock right over left towards 11:00 rock weight back on left
- 8& Rock weight forward on right, low kick to 10:00 with left 12:00

CROSS-STEP, ¼ TURN BACK-STEP, ¼ TURN SIDE-TOGETHER-SIDE, TOUCH, STEP DRAG, SIDE-TOGETHER-SIDE, SCUFF

- 1-2 Cross-step left over right, ¼ turn left to face 9:00 stepping back on right
- 3&4& ¹/₄ turn to left stepping to side on left, step right beside left, side-step on left, close-touch right beside left
- 5-6 Large side-step to right on right, drag-touch left beside right
- 7-8& Side-step on left step right beside left, side-step on left, cross-scuff right towards 7:00 6:00

CROSS-ROCK, RECOVER, ½ TURN SHUFFLE, SCUFF, STEP-ROCK- RECOVER, SCUFF TOE-STRUT, ROCK-RECOVER

- 1-2 Cross-rock right to diagonal, recover weight on left
- 3&4& Right-left-right shuffle making ¹/₂ turn to right, scuff left to side
- 5&6& Step down on left, step ball of right behind left, step left in place, scuff right to side
- 7&8&Step down on ball of right, drop right heel, step ball of left behind right, step right in place
12:00

STEP, ROCK-RECOVER, PIVOT ½ TURN, LOCK-SHUFFLE, CROSS-STEP, ¾ UNWIND TURN

- 1-2&3 Side-step to left on left, rock back on right, recover weight on left, step forward on right
- 4-5&6 ½ turn to left keeping weight on left step forward on right, lock left behind right, step forward on right
- 7-8 Cross-step ball of left over right, unwind with ³/₄ turn to right transferring weight on to left 3:00

REPEAT

ENDING

Dance ends on count 23 of 9th sequence (i.e. After right scuff to side count 22) step down on ball of right foot and hold





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牆數:4