

It's Getting Better

拍數: 48 牆數: 0 級數:
編舞者: Allen Matthias
音樂: After All - Joni Harms



Position: Sweetheart, Both on Same Foot

RIGHT HEEL STRUT, LEFT HEEL STRUT, RIGHT SHUFFLE, STEP ½ PIVOT

1-2 Step right heel forward, right toe down
3-4 Step left heel forward, left toe down
5&6 Right shuffle
7-8 Step forward on left, pivot ½ turn to right (weight on right)

LEFT HEEL STRUT, RIGHT HEEL STRUT, LEFT SHUFFLE, STEP ½ PIVOT

1-2 Step left heel forward, left toe down
3-4 Step right heel forward, right toe down
5&6 Left shuffle
7-8 Step forward on right, pivot ¼ turn to left

Weight on left facing OLOD in Indian

EXTENDED WEAVE LEFT WITH ¼ TURN

1-2 Cross right over left, left to the side
3-4 Right behind left, left to the side
5-6 Cross right over left, left to side
7-8 Right behind left, step left to side with ¼ turn left (back to Sweetheart)

STEP LOCK STEP, BRUSH, STEP ½ TURN, STEP HOLD

1-2 Step forward on right, lock left behind right
3-4 Step forward on right, brush left
5-6 Step forward to left, ½ pivot turn right
7-8 Step forward on left, hold for one beat

STEP ½ TURN, STEP, HOLD, STEP LOCK, STEP BRUSH

1-2 Step forward on right, ½ pivot turn to left
3-4 Step forward on right, hold for one beat
5-6 Step forward on left, lock right behind left
7-8 Step forward on left, brush right

STEP TOUCH, BACK TOUCH, SHUFFLE, SHUFFLE

1-2 Step forward on right, touch left behind right
3-4 Step back on left, touch right across left
5&6 Right shuffle
7&8 Left shuffle

REPEAT