

It's Enough

拍數: 32 牆數: 4 級數: Improver
編舞者: Cinta Larrotcha (ES)
音樂: Trashy Women - Confederate Railroad



HEELS, TOES

1-2 Fan right heel to right, fan right toe to right
3&4 Fan right heel to right, lift right heel up, drop right heel down
5-6 Fan left heel to right, fan left toe to right
7&8 Fan left heel to right, lift left heel up, drop left heel down

VINE RIGHT SCUFF

9-10 Step left to the left side, cross right behind left
11-12 Step left to the left side, scuff forward right

STEP, TOE, SLAPS

13-14 Step forward right, touch left toe back diagonal
15 Raise left leg behind right and slap left boot with right hand
16 Raise left leg to the left side and slap left boot with left hand
17 Raise left leg over right and slap left boot with right hand
18 Raise left leg to the left side and slap left boot with left hand

STEPS, SCUFF

19-20 Step left forward, slide right foot next to left foot
21-22 Step left forward, scuff forward right

RIGHT ROCK, RECOVER, ¾ SHUFFLE TURN RIGHT

23-24 Rock forward on right, recover weight on left
15&26 Shuffle step right, left, right turning ¾ right

ROCK LEFT, RECOVER & STEP, STEP, HOLD, KICK, STOMP

27-28 Rock step left foot to left side, recover weight on right foot
&29-30 Step left next to right, step right on right foot, hold
31-32 Kick right foot forward, stomp right foot next left

REPEAT