

It's Alright

COPPER **KNOB**
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ren
音樂: Another Dumb Blonde - Hoku



LEFT SIDE STEP, CROSS RIGHT BEHIND, SIDE SHUFFLE, RIGHT SIDE STEP, CROSS LEFT BEHIND, SIDE SHUFFLE

1-2 Left step to the side, step right cross behind left
3&4 Step left to the side shuffling left-right-left
5-6 Right step to the side, step left cross behind right
7&8 Step right to the side shuffling right-left-right

SIDE KICK-BALL-TOUCH, SIDE KICK-BALL-TOUCH, SKATERS, FORWARD SHUFFLE

1&2 Kick left forward and step to the side, touch right beside left
3&4 Kick right forward and step to the side, touch left beside right
5-6 Skate left forward, skate right forward
7&8 Shuffle forward left-right-left

ROCK & RECOVER, TRIPLE-STEP ½ RIGHT TURN, ROCK & RECOVER, COASTAL STEP

1-2 Rock right forward, recover on left
3&4 ½ right turn on right-left-right
5-6 Rock left forward, recover on right
7&8 Step left behind right, step right beside left, step left forward

FORWARD SHUFFLE, ¼ RIGHT TURN ROCK STEP, FORWARD SHUFFLE, STEP AND KICK

1&2 Forward shuffle on right-left-right
3-4 Do ¼ right turn, left step slightly back, rock right behind left
5&6 (Recover weight on left) forward shuffle on left-right-left
7-8 Step right forward and kick left foot out

REPEAT

TAG

After doing the dance 4 times, start the tag, then continue the dance again

SIDE STEP, TOUCH, SIDE STEP, TOUCH, STEP ½ TURN, STEP ½ TURN

1-2 Step left to the side, touch right beside left
3-4 Step right to the side, touch left beside right
5-6 Step left forward, turn ½ turn to the right
7-8 Step left forward, turn ½ turn to the right

KICK-BALL-CHANGE, KICK-BALL-CHANGE, STEP LEFT AND DRAG-TOUCH RIGHT, STEP AND KICK

1&2 Kick left forward, step left beside right, touch right beside left
3&4 Kick right forward, step right beside left, touch left beside right
5-6 Left step to the side, right drag and touch beside left
7-8 Step right forward, kick left foot out
