

# It's Alright

**COPPER KNOB**  
BY STEPHEN BRETZ

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Fanny Eriksson  
音樂: It's Alright, It's Really Alright - Chris Sayer



## **FORWARD SHUFFLE, SHUFFLE TURN ½ RIGHT, ROCK BACK, CROSS AND HEEL WITH SNAP**

- 1&2      Step right foot forward, step left foot together, step right foot forward  
3&4      Step left foot forward and turn ¼ to right, step right foot together and turn ¼ to right, step left foot back  
5-6      Rock right foot back, step left foot in place (recover)  
7&8&      Cross right foot over left, step left foot slightly back, touch right heel diagonally forward and snap fingers, step right together

## **CROSS AND HEEL WITH SNAP, FORWARD SHUFFLE, SHUFFLE TURN ½ RIGHT, ROCK BACK**

- 9&10&      Cross left foot over right, step right foot slightly back, touch left heel diagonally forward and snap fingers, step left together  
11&12      Step right foot forward, step left foot together, step right foot forward  
13&14      Step left foot forward and turn ¼ to right, step right foot together and turn ¼ to right, step left foot back  
15-16      Rock right foot back, step left foot in place (recover)

## **KNEE POPS WALK FORWARD, HOP AND TOUCH RIGHT, TURN ¼ TO LEFT**

- 17-18      Step forward on the ball of right foot bend both knees in and out, step forward on the ball of left foot bend both knees in and out  
19-20      Step forward on the ball of right foot bend both knees in and out, step forward on the ball of right foot bend both knees in and out  
21&      Hitch right knee across left, hop left foot in place, touch right toes next to left  
22&      Hitch right knee across left, hop left foot in place, touch right toes next to left  
23&      Hitch right knee across left, hop left foot in place, touch right toes next to left  
24&      Hitch right knee across left, hop left foot in place and turn ¼ to left, step right foot next to left

**Steps 21-24 moving to right**

## **ROCK BACK, CROSS, KICK KICK, ROCK BACK, TURN ½ LEFT**

- 25-26      Rock left foot back, step right foot in place (recover)  
27-28      Cross left foot over right, kick right foot diagonally left  
29-30      Kick right foot diagonally right, rock right foot back  
31-32      Step left foot in place (recover), turn ½ to left on the ball of left and touch right toes next to left

**REPEAT**

---