

It's Alright

COPPER KNOB
BY STEPHEN BRETZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Rachael McEnaney (USA)
音樂: It's Alright - Huey Lewis



Begin dance 16 counts from beginning of track on word 'its alright' . In middle of track the music stops and there is a silent break just continue to dance through it, the music should come back in on count 17

RIGHT JUMP STEP FORWARD, HOLD, LEFT JUMP STEP BACK, RIGHT JUMP STEP BACK, STEP KICK RIGHT, WEAVE

&1-2 Step diagonally forward on right, touch left toe next to right, hold

Option: click fingers on hold

&3 Step diagonally back on left, touch right toe next to left

&4 Step diagonally back on right, touch left toe next to right

&5-6 Step diagonally forward on left, kick right foot forward twice

&7 Step right foot to right side, cross left foot over right

&8 Step right foot to right side, cross left foot behind right

SLIDE RIGHT, HOLD, WEAVE BEHIND SIDE CROSS, ROCK RIGHT, REVERSE SAILOR WITH ¼ TURN LEFT

9-10 Take big step right on right foot, slide left towards right

&11-12 Cross left behind right, step right to right side, cross left over right

13-14 Rock right to right side, replace weight onto left

15&16 Cross right behind left, make ¼ turn left stepping forward on left, step forward on right

STEP LEFT, BRUSH RIGHT, RIGHT CROSS LOCK STEP BACK, LEFT BACK, RIGHT TOGETHER, LEFT SHUFFLE

17-18 Step forward on left, brush right foot forward

19&20 Step back right crossing it over left, step back left, step back right crossing it over left

21-22 Step back on left foot, step right next to left

23&24 Step forward on left, step right next to left, step forward on left

RIGHT ROCK FORWARD, FULL TURN RIGHT TRIPLE STEP, STEP FORWARD LEFT, ½ LEFT STEPPING BACK RIGHT, ½ TURN LEFT DOING LEFT SHUFFLE FORWARD

25-26 Rock forward on right, replace weight onto left

27&28 Make full turn to right stepping in place right, left, right (easy alternative - right coaster step)

29-30 Step forward left, pivot ½ turn left on ball of left foot as you step back on right

31&32 Pivot ½ turn left on ball of right as you do left shuffle forward

REPEAT
