

It's All Over (But The Shouting)

COPPER KNOB
BY SHEPHERD

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Johnny S. (UK)
音樂: It's All Over But The Shouting - Shenandoah



HIP BUMPS

1-2 Stepping right foot slightly forward bumps hips forward once, hold
3-4 Bump hips back once, hold
5-8 Bump hips forward, back, forward, back (or hip roll)

CHASSE RIGHT, ROCK BACK, CHASSE LEFT, ROCK BACK

9&10 Step to right with right foot, step left beside right, step to right with right
11-12 Rock back on left foot, recover weight on to right foot
13&14 Step to left with left foot, step right beside left, step to left with left
15-16 Rock back on right foot, recover weight on to left foot

MAKE TWO PADDLE 1/8 TURNS LEFT WITH CLAPS, KICK-BALL CHANGES

17-18 Step right foot forward, turn 1/8 turn left (with clap)
19-20 Repeat counts 17-18
21-22 Kick right foot forward, step right beside left, raise and replace left foot
23-24 Repeat counts 21-22

½ TURNING SHUFFLES, ROCK STEPS

25&26 Step right foot forward - starting ½ turn left, step left back, step right forward. Completing ½ turn
27-28 Rock back on left foot, recover weight onto right foot
29&30 Step left foot forward - starting ½ turn right, step right back, step left forward. Completing ½ turn
31-32 Rock back on right foot - flicking left toes forward, recover weight onto left foot

SHAKE WHOLE BODY (THE 'HAVE EVEN MORE FUN SECTION')

33-40 Shake whole body rhythmically over 8 counts (remain in the same spot - shake out your frustrations - it's the last dance of the night, whatever - just let your body go!)

SHUFFLE, STEP-PIVOT ½ TURN RIGHT, SHUFFLE, ROCK STEP

41&42 Step right foot forward, step left beside right, step right forward
43-44 Step left foot forward and on ball of left pivot ½ turn right
45&46 Step right foot forward, step left beside right, step right forward
47-48 Rock left foot forward, recover weight onto right foot

½ TURN LEFT, FULL TURN LEFT, SHUFFLE FORWARD LEFT, ROCK STEP, COASTER STEP

49-50 On ball of right make ½ turn left - stepping left forward., on ball of right make complete full turn left

Easy alternative: on ball of right make ½ turn left - stepping left forward, step right forward

51&52 Step left foot forward, step right beside right, step left forward
53-54 Rock right foot forward, recover weight onto left foot
55&56 Step right foot back, step left beside right, step forward right

STEP FORWARD, HOLD & CLAP TWICE, STEP FORWARD, HOLD & CLAP TWICE

57-58 Step left foot forward, hold and clap
59-60 Step right foot forward, hold and clap
61-64 Step forward, left, right, left; hold and clap hands twice

REPEAT
