

It's All Good

拍數: 32 牆數: 4 級數: Improver west coast swing
編舞者: Bill McGee (USA)
音樂: Bump - Raven-Symoné



STEP, TOUCH, BACK, LOCK, STEP, COASTER STEP, TOUCH, AND, TOUCH

1-2 Step left foot forward, touch right behind left
3&4 Step right foot back, step left beside right, step right foot back
5&6 Step left foot back, step right beside left, step left foot forward
7&8 Touch right to side, step right beside left, touch left to side (12:00)

AND, STEP, TOUCH, SHUFFLE BACK, COASTER STEP, TOUCH AND TOUCH

&9-10 Step left beside right, step right foot forward, touch left behind right
11&12 Step left foot back, step right beside left, step left foot back
13&14 Step right foot back, step left beside right, step right foot forward
15&16 Touch left to side, step left beside right, touch right to side (12:00)

AND, CROSS TOE STRUT, TOE STRUT, CROSS ROCK, RECOVER, ROCK BACK, RECOVER, CROSS ROCK, RECOVER, SWEEP ¼ TURN LEFT

&17-18 Step right beside left, cross step left toe over right, step left foot in place
19-20 Step right toe to side bumping hip diagonally forward, step right foot in place
21& Cross rock left foot forward, recover on right
22& Rock left foot back, recover on right
23&24 Cross rock left foot forward, recover on right, sweep left from front to back (no step)

SAILOR STEP, SHUFFLE FORWARD, WALK, WALK, HOLD, & STEP

25&26 Turn ¼ left and step left foot back, step right beside left, step left slightly forward (9:00)
27&28 Step right foot forward, step left beside right, step right foot forward
29-30 Step left foot forward, step right foot forward
31&32 Hold, step left beside right, step right foot forward

REPEAT

TAG

If using "Bump" by Raven-Symone, at then end of wall 8 facing front wall

1-4 Step left foot forward, touch right behind left, step right foot back, touch left in front of right