

It's A Tragedy

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jane Thorpe (UK)
音樂: Tragedy - Marc Anthony



SIDE TOGETHER, SIDE SHUFFLE, FORWARD ROCK, SIDE SHUFFLE

1-2 Step right to right. Step left together
3&4 Step right to right, step left to right, step right
5-6 Rock forward onto left, recover onto right
7&8 Step left to left, step right to left, step left

FORWARD ROCK, COASTER STEP, FORWARD ROCK, ¾ LEFT SHUFFLE

1-2 Rock forward onto right, recover onto left
3&4 Rock back right, back on left, forward right
5-6 Rock forward onto left, rock back onto right
7&8 Shuffle ¾ turn over left shoulder

MAMBO - RIGHT, LEFT, FORWARD & BACK ROCKS

1&2 Rock right to right, rock onto left, step right next to left
3&4 Rock left to left, rock onto right, step left next to right
5-6 Rock forward onto right, back onto left,
7-8 Rock back onto right, forward onto left,

FORWARD SHUFFLE, ROCK & CROSS TWICE, SIDE SHUFFLE

1&2 Step forward right, slide left behind right, step forward right
3&4 Rock left to left side, step onto right, cross left over right
5&6 Rock right to right side, step onto left, cross right over left
7&8 Side shuffle left, right, left

REPEAT
