

It's A Miracle

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Sue Allen (USA)
音樂: It's a Miracle - Barry Manilow



STOMP FORWARD, THREE HEEL TAPS (2 TIMES)

1-2 Stomp forward on right; tap right heel on floor
3-4 Tap right heel on floor; tap right heel on floor
5-6 Stomp forward on left; tap left heel on floor
7-8 Tap left heel on floor; tap left heel on floor

RIGHT SAILOR STEP, LEFT SAILOR STEP, DIAGONAL BACK STEPS AND TOE POINTS

Following steps 1-8 done moving backward

1&2 Swing & step right behind left; step left to left; step right to right
3&4 Swing & step left behind right; step right to right; step left forward
5-6 Step right diagonally back (7:00); point left diagonally back
7-8 Step left diagonally back (5:00); point right diagonally back

STEP-LOCK, SHUFFLE FORWARD (2 TIMES)

1-2 Step right forward; lock left up behind right
3&4 Shuffle forward right-left-right
5-6 Step left forward; lock right up behind left
7&8 Shuffle forward left-right-left

½ PIVOT TURN LEFT, FORWARD, HOLD & CLAP, FORWARD, HOLD & CLAP, KICK-BALL-STEP

1-2 Step right forward; pivot ½ turn left onto left
3-4 Step right forward; hold & clap
5-6 Step left forward; hold & clap
7&8 Kick right forward; step back on ball of right; step left forward

½ PIVOT TURN LEFT, SIDE SHUFFLE, ROCK STEP, KICK-BALL-CROSS

1-2 Step right forward; pivot ½ turn left onto left
3&4 Shuffle to the right right-left-right
5-6 Rock diagonally back on left; rock forward onto right
7&8 Kick left forward; step back on ball of left; step right over left

¼ TURN LEFT, TOGETHER, HEEL BOUNCE ¼ TURN, ROCK STEP, SHUFFLE FORWARD

1-2 Step with left making ¼ turn left (9:00), step right beside left
3-4 Bounce twice on heels making ¼ turn left (6:00)
5-6 Rock back on left; recover forward onto right
7&8 Shuffle forward left, right, left

REPEAT
