

It's A Hot One!

COPPER **NOB**
BY STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jacquie Berkhout & Lisa Foord (AUS)
音樂: Smooth (feat. Rob Thomas) - Santana



HEEL DIG, BACK TRIPLE STEP, ROCK/STEP ¼ TURN RIGHT TRIPLE STEP, REPEAT

1-2-3&4 Right heel dig, step on left, slightly move back right-left-right
5-6-7&8 Step left back, step on right, step left forward, turn ¼ turn right and step right-left
1-8 Repeat above 8 counts

STOMP HOLD, ¼ TURN TWIST LEFT-RIGHT, WALK BACK COASTER

1-4 Stomp right forward, hold, twist on balls of feet ¼ turn left & ¼ turn right
5-6-7&8 Walk back right-left, step right back, left beside right, step right forward

STOMP, DIP UNWIND ½ TURN RIGHT, WALK BACK, BACK, HEEL, STEP TOUCH

1-4 Stomp left forward, feet stay in place dip & turn ½ turn right (weight on left)
5-6&7&8 Walk back right-left, step right back, touch left heel in place, step left in place, touch right beside left

HEEL, STEP, HEEL, STEP ¼ TURN PIVOT LEFT, REPEAT

1&2& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
3-4 Step right forward, pivot ¼ turn left
5-8 Repeat above 4 counts

CROSS BALL JACKS, PIVOT ¼ TURN, CROSS SHUFFLE

1&2 Step right across left, step left to left, touch right heel in place
&3&4 Step right in place, step left across right, step right to right touch left heel in place
&5-6 Step left in place, step right forward, pivot ¼ turn left
7&8 Cross right over left, step left to left, cross right over left

SIDE STEP, HOLD, TOGETHER, SIDE STEP, HOLD, PADDLES LEFT ¼ TURN & ½ TURN

1-2&3-4 Step left to left, hold, step right beside left, step left to left, hold
5-6 Step right forward, paddle turn ¼ turn left onto left
7-8 Step right forward, paddle turn ½ turn left onto left

SIDE STEP, HOLD, TOGETHER, SIDE STEP, HOLD, HIP ROLL, DOUBLE LEFT HIP BUMP

1-2&3-4 Step right to right, hold, step left beside right, step right to right, hold
5-6 Roll hips counter to the right
7-8 Double left hip to left side

REPEAT
