

# It's A Heartache

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Cathleen Bossaller (USA) & Robin McCracken (USA)  
音樂: It's a Heartache - Bonnie Tyler



## STEP BRUSHES, BACK STEPS, COASTER STEP

1-2      Step forward right, brush left  
3-4      Step forward left, brush right  
5-6      Step back on right, step back on left  
7&8      Step back on right, step left next to right, forward on right

## TOE-HEEL, CROSS SHUFFLE, SIDE SHUFFLE, TURNING SHUFFLE

1-2      Touch left toe to right toe (toe pointed inward), touch left heel to right toe (toe pointed out)  
3&4      Cross left over right, step right to side, cross left over right  
5&6      Step right to right, close left to right, step right to right  
7&8      Step left behind right, step back on right making  $\frac{1}{4}$  left turn, close left next to right (9:00)

## ROCK STEP, SHUFFLE FORWARD, JAZZ BOX WITH $\frac{1}{4}$ LEFT TURN

1-2      Rock back on right, forward on left  
3&4      Step forward on right, forward on left, step right forward  
5-6      Cross left over right, step back on right making  $\frac{1}{4}$  left turn (6:00)  
7-8      Step left to left, touch right to left

## FULL ROLLING TURN TO RIGHT, SHIMMY TO LEFT

1-2      Step right to right beginning a full right turn, step left to continue turn  
3-4      Step right to right to complete turn, touch left next to right  
5-8      Step left to left side, hold, drag right for 2 counts to meet left in a touch while shimmying shoulders

Option: you may substitute a right vine in place of the full rolling right turn if desired.

Option 2: slow gentle hip sways (left, right, left) may be used in place of shimmy if preferred

## REPEAT

When using the Bonnie Tyler music start on vocals (16 counts in). When using the Trick Pony remake it's a bit trickier. You may want to wait and start the dance on the 2nd verse, starting with "It's a fool's game"