It Takes Two



拍數: 32 牆數: 4 級數: Improver social cha

編舞者: Levi J. Hubbard (USA) 音樂: It Takes Two - Chris Cagle



FORWARD ROCK-RECOVER, STEP LOCK BACK, BACK ROCK-RECOVER, STEP LOCK FORWARD

1	Step (rock) right foot forward, while slightly lifting left foot off floor

- 2 Lower left foot back to floor (recover)
- 3 Step right foot backward
- & Step left foot back crossing over right foot
- 4 Step right foot backward
- 5 Step (rock) left foot backward, while slightly lifting right foot off floor
- 6 Lower right foot back to floor (recover)
- 7 Step left foot forward
- & Step right foot forward crossing behind left foot
- 8 Step left foot forward

3/4 TURN LEFT, SIDE CHA, CROSS ROCK-RECOVER, SIDE CHA, CROSS ROCK-RECOVER

- 9 Step right foot forward
- 10 On (balls of) both feet, pivot ½ turn left
- 11 Turning ¼ turn left, step right foot to side
- & Step left foot togetherStep right foot to side
- 13 Cross (rock) left foot in front of right foot, while slightly lifting right foot off floor
- 14 Lower right foot back to floor (recover)
- 15 Step left foot to side
- & Step right foot together
- 16 Step left foot to side

For styling on count 13 slightly bend knees so that your upper body is sort of leaning forward, while clicking fingers and on 14 stand back up to face forward

CROSS ROCK-RECOVER, TRIPLE STEP IN PLACE, HEEL HOOK, STEP LOCK FORWARD

1	7	Cross	(rock)	right.	foot in	front	of left	foot	while	slightly	lifting	left foot off flo	oor
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- 18 Lower left foot back to floor (recover)
- 19 Step right foot to side
- & Step left foot together
- 20 Step right foot in place
- 21 Touch left heel forward
- 22 Cross (hook) left foot in front of right leg (just below knee)
- 23 Step left foot forward
- & Step right foot forward crossing behind left foot
- 24 Step left foot forward

For styling on count 17 bend knee so that your upper body is sort of leaning forward, while clicking fingers and on count 18 stand back up to face forward

FORWARD ROCK-RECOVER, TURN TURN, 1/2 TRIPLE TURN RIGHT, STEP LOCK FORWARD

- 25 Step (rock) right foot forward, while slightly lifting left foot off floor
- 26 Lower left foot back to floor (recover)
- 27 Pivot on (ball of) left foot ½ turn right, stepping forward on right foot 28 Pivot on (ball of) right foot ½ turn right, stepping back on left foot
- 29&30 Triple step ½ turn right and step (right-left-right)

(At this point you should be facing ½ turn left of starting wall

31 Step left foot forward

& Step right foot forward crossing behind right foot

32 Step left foot forward

REPEAT

RESTART

On the 6 repetition of the dance, dance up to count 16 and the restart from the beginning (only when using "it takes two" track)

All step locks can be replaced with regular triple steps