

# It Takes Balls

COPPER KNOB  
STEPSHEETS

拍數: 56      牆數: 4      級數: Improver east coast swing  
編舞者: Glenda Ortiz Harney (USA)  
音樂: Sometimes It Takes Balls to Be a Woman - Elizabeth Cook



## TOE-HEEL-CROSS-HOLD-TOE-HEEL-CROSS-HOLD

1-2      Touch right toe in toward left instep-touch right heel slightly out to right turning toe out  
3-4      Cross step right over left-hold  
5-6      Touch left toe in toward right instep-touch left heel out slightly turning toe out  
7-8      Cross step left over right (12:00)

## SHUFFLE RIGHT-ROCK STEP-SHUFFLE LEFT-TOUCH-½ TURN

1&2      Step right to right side-step left beside right-step right to right side (side shuffle)  
3-4      Rock back left-recover forward onto right  
5&6      Step left to left side-step right beside left-step left to left side (side shuffle)  
7-8      Touch right toe slightly back-turn ½ turn to right putting weight onto right (6:00)

## ROCK FORWARD-ROCK BACK-ROCK FORWARD-¼-TOUCH

1-2      Rock forward left-recover onto right  
3-4      Rock back left-recover onto right  
5-6      Rock forward left-recover onto right  
7-8      Turning ¼ to left step on left-touch right beside left (3:00)

**1st restart here during 3rd repetition that starts at 6:00 wall-restart facing 9:00 wall**

## HEEL & HEEL & ROCK STEP-COASTER STEP-STOMP-HOLD

1&      Touch right heel forward-step on right  
2&      Touch left heel forward-step on left  
3-4      Rock forward right-recover onto left  
5&6      Step back right-step left beside right-step forward right (coaster)  
7-8      Stomp left-hold

**2nd restart here during 3rd repetition after first restart which starts facing 9:00 wall. Restart facing 6:00 wall**

## HEEL & HEEL & ROCK STEP-COASTER STEP-STOMP-HOLD

1-8      Repeat above 8 counts

## ¼ MONTEREY TWICE

1-2      Touch right toe to right side-turn ¼ to right stepping on right  
3-4      Touch left toe to left side-step left beside right (6:00)  
5-6      Touch right toe to right side-turn ¼ to right stepping on right  
7-8      Touch left toe to left side-step left beside right (9:00)

## RIGHT ¼ BOX-HOLD-LEFT ¼ BOX-HOLD

1-4      Cross step right over left-step back left-step right turning ¼ to right-hold (12:00)  
5-8      Cross step left over right-step back right-step left turning ¼ to left-hold (9:00)

**REPEAT**