

# Just Another Day

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Forty Arroyo (USA)  
音樂: Just Another Day - Jon Secada



## **TOE, HEEL, ROCK, RECOVER, STEP, SWEEP, TOE, HEEL, ROCK, RECOVER, STEP**

1-2      Step side right on ball of right, lower right heel - stepping right in place  
3&4&      Rock back on left, recover on right, step left to left side, slide & touch right next to left  
5-6      Repeat counts 1-2  
7&8      Repeat counts 7&8 (now at 12:00)

## **TOE, HEEL, BOUNCE, BOUNCE, KICK, MAMBO BACK, MAMBO FORWARD**

1&2      Pushing hips slightly back - touch right toe slightly forward, push hips forward while bending knees, drop right heel while straightening knees - weight on right  
3&4      Bounce heels twice as you complete a ½ to left (for 3&) weight on left, low kick left forward (4)  
5&6      Rock back on left, step right in place, step left next to right  
7&8      Rock forward on right, step left in place, step right next to left (now at 6:00)

## **STEP, SWEEP ¼, TRIPLE SIDE, STEP, SWEEP ¼, TRIPLE SIDE**

1-2      Step forward on left, sweep & touch right next to left turning a ¼ to right with sharp turn of the head on count 2  
3&4      Triple side right - right left right  
5-6      Repeat counts 1-2  
7&8      Repeat counts 3&4 (now at 12:00)

## **LEFT MAMBO, RIGHT MAMBO, SYNCOPATED LEFT & RIGHT MAMBO**

1&2      Rock forward on left, step right in place, step left next to right  
3&4      Rock back on right, step left in place, step right next to left  
5&6&      Rock left to side, step right in place, step left next to right, rock right to side  
7&8      Step left in place, step right next to left, step left in place (still at 12:00)

## **STEP FORWARD, POP, TRIPLE FORWARD, STEP FORWARD, POP, TRIPLE FORWARD**

1-2      (Rolling hips forward and back) step slightly forward on ball of right, rock back on left while popping right knee  
3&4      Triple forward right left right  
5&6      (Rolling hips forward) step slightly forward on left, (rolling hips back) rock back on right while popping left knee  
7&8      Triple forward left right left (still at 12:00)

## **STEP, PIVOT ¼ LEFT, CROSSING TRIPLE, CHASSE' LEFT, TOUCH, TOUCH, STEP**

1&2      Step forward on right, pivot ¼ to left (weight on left)  
3&4      Cross right in front of left, step left to left side, cross right in front of left  
5&6      Step left to side, step right next to left, step left to side,  
&7-8      Touch right next to left, touch right to side, step right next to left (now at 9:00)

## **MAMBO LEFT & RIGHT, FULL TURN RIGHT IN PLACE, MAMBO W/TOUCH**

1&2      Rock left to side, step right in place, step left next to right  
3&4      Rock right side, step left in place, step right next to left with toe pointing to right (prepping for full turn right)  
5&6      Full turn in place to right (step slightly forward on left, pivot ¾ turn to right, step left next to right turning ¼ turn - completing full turn to right (easy option: mambo back on left)

7&8 Rock back on right, step left in place, touch right next to left (still at 9:00)

**ROCK, STEP, TOUCH ¼ RIGHT, STEP ¼ RIGHT, STEP, PIVOT ¼ RIGHT, CROSSING TRIPLE**

1-4 Rock forward on right, step left in place, turning ¼ right - touch right to right side, turning ¼ right -step right in place

5-8 Step forward on left, pivot ¼ to right, cross left over right, step right to side, cross left over right (now at 6:00)

**REPEAT**

**TAG**

After walls 1 and 2. For those who don't like long intros, feel free to start the dance after 8 counts, putting the tag on walls 1, 2, and 3

**KICK & TOUCH, ½ TURN SWEEPING TRIPLE - REPEAT**

1&2 Low kick right forward, step right in place, touch left out to side

3&4 Starting a ½ to left- sweep step left behind right, step right in place, step left in place - completing ½ turn

5-8 Repeat 1-4

**ENDING**

As the music fades, repeat 1st 8 counts to end

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