

Just A River

拍數: 32 牆數: 4 級數: Improver
編舞者: Lady Lee (UK)
音樂: Cry Me a River - Justin Timberlake



KICK & TOUCH, KICK & TOUCH, ROCK & CROSS, SIDE CROSS ¼ TURN

1&2 Kick right foot forward, place right next to left, touch left next to right
3&4 Kick left foot forward, place left next to right, touch right next to left
5&6& Rock right to right, recover weight onto left, & cross right over left, step left to left
7&8 Cross step right over left, step left to left with ¼ turn right, touch right next to left

KICK & TOUCH, STEP LOCK STEP, ROCK SWEEP ¼ TURN, COASTER STEP

1&2 Kick right foot forward, place right next to left, touch left next to right
3&4 Step left foot forward, lock right behind left, step left foot forward
5-6 Rock right to right, recover weight onto left-sweeping right to right with ¼ turn right & behind left
7&8 Step right behind left, step back on left, step forward onto right

CROSS & STEP, CROSS & STEP, ¼ TURN, ¼ TURN, ½ TURN, ½ TURN

1&2 Cross rock left over right, recover weight onto right, step left to left
3&4 Cross rock right over left, recover weight onto left, step right to right
5 Turn ¼ right as you pivot on ball of right foot pointing left to left
6 Turn ¼ right as you pivot on ball of right foot pointing left to left
7 Turn ½ right as you pivot on ball of right foot pointing left to left
8 Turn ½ right as you pivot on ball of right foot pointing left to left

ROCK BACK & POINT, ROCK BACK TURN ¼ & POINT, ROCK BACK & POINT, BUMP HIPS

1&2 Rock back on left, recover weight onto right, point left to left
3&4 Rock back on left, recover weight onto right, point left to left as you make a ¼ turn to right
5&6 Rock back on left, recover weight onto right, point left to left
7&8 Putting weight onto left-bump hips left, right, left

REPEAT

TAG

After the sixth repetition (facing 6:00)

STEP DIAGONALLY FORWARD RIGHT, DRAG LEFT, STEP BACK ON LEFT WITH ½ TURN, DRAG RIGHT, REPEAT

1-2 Step diagonally forward on right angling body slightly left, drag left to right & touch
3-4 Step back on left with ½ turn over left shoulder facing 12.0 clock wall, drag right to left & touch
5-6 Step diagonally forward on right angling body slightly left, drag left to right & touch
7-8 Step back on left with ½ turn over left shoulder facing 12.0 clock wall, drag right to left & touch

STEP DIAGONALLY FORWARD RIGHT, DRAG LEFT, STEP BACK ON LEFT WITH ½ TURN, DRAG RIGHT, REPEAT

1-2 Step diagonally forward on right angling body slightly left, drag left to right & touch
3-4 Step back on left with ½ turn over left shoulder facing 12.0 clock wall, drag right to left & touch
5-6 Step diagonally forward on right angling body slightly left, drag left to right & touch

7-8 Step back on left with ½ turn over left shoulder facing 12.0 clock wall, drag right to left & touch

TOE STRUT, TOE STRUT, ROCK ½ TURN, TOE STRUT, TOE STRUT, ROCK FORWARD & STEP BACK

1& Step forward on right toe, place weight onto right heel
2& Step forward on left toe, place weight onto left heel
3&4 Rock forward on right, recover weight onto left, make ½ turn over right shoulder & place weight onto right
5& Step forward on left toe, place weight onto left heel
6& Step forward on right toe, place weight onto right heel
7&8 Rock forward on left, recover weight onto right, & step back onto left

CROSS STRUT, SIDE STRUT, CROSS STRUT, SIDE STRUT, SIDE STRUT, CROSS STRUT, SIDE STRUT, CROSS STRUT

1& Cross right toe over left, place weight onto right heel
2& Step left toe to left, place weight onto left heel
3& Cross right toe over left, place weight onto right heel
4& Step left toe to left, place weight onto left heel
5& Step right toe to right, place weight onto right heel
6& Cross left toe over right, place weight onto left heel
7& Step right toe to right, place weight onto right heel
8& Cross left toe over right, place weight onto left heel

At the end of tag you will be facing 12:00. Restart start dance from beginning
